



# Zumba®

**Sundays, 10:45 – 11:30 a.m.**  
**at The J**  
**Ages 12+**

Classes feature routines based on original Zumba® choreography.  
We add games, activities, and cultural exploration elements into the class structure.  
Zumba® classes are rockin', high-energy dance parties packed with routines.

**Apr. 22 – Jun. 17 (No class May 20, May 27)**  
Member \$140 / Community \$175 (7 sessions)

**To register, contact Liza Fahey at 203.487.0946.**



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