



Zumba®

**Sundays, 10:45 – 11:30 a.m.
at The J
Ages 12+**

Classes feature routines based on original Zumba® choreography. We add games, activities, and cultural exploration elements into the class structure. Zumba® classes are rockin', high-energy dance parties packed with routines.

**Apr. 22 – Jun. 17 (No class May 20, May 27)
Member \$140 / Community \$175 (7 sessions)**

To register, contact Liza Fahey at 203.487.0946.



**JCC of Stamford • 1035 Newfield Avenue, Stamford, CT 06905
203.322.7900 • www.stamfordjcc.org**