



WILLIAM JAMES
COLLEGE

Center for
Multicultural & Global
Mental Health

Lucero Latino
Mental Health
Program

Hispanic Heritage Handout: Latinx Food

Restaurant Recommendations

Rosa Mexicano

Upscale dining that honors Mexican heritage and culinary techniques

Lolita Mexican

Mexican inspired food and drink

Pink Taco

Mexican inspired dishes

Vejigantes

Authentic Puerto Rican dishes

Tres Gatos

Tapas restaurant in Jamaica Plain

El Oriental de Cuba

Authentic Cuban food



Cooking Tutorials

How to Cook Paella

How to Bake Flan

How to Cook Beef Empanadas

How to Cook Arroz con Gandules

***Join
us!***

**Applications for the Latino Mental Health
Program are due OCTOBER 18th!**



The poster features a colorful background with a rainbow and confetti. At the top, it reads "NATIONAL HISPANIC HERITAGE MONTH" in a stylized font. Below this, there are four white rounded rectangular boxes containing event information. To the right of these boxes is a larger, light orange rounded rectangular box with text about supporting Amanda.

**10/5
Movie Night:
The Latino List**

**10/11
Latinx Sports**

**10/11
Cheer Amanda
at Newton
Centre**

**[Marathon
Donation Link](#)**

**Support
Amanda on
10/11 as she
runs the
Boston
Marathon in
honor of Dr.
Cynthia
Lucero & to
benefit LMHP**

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