



Sam Jolman (MA LPC) is a trauma therapist with over twenty years of experience specializing in men's issues and sexual trauma recovery. Being a therapist has given him a front row seat to hear hundreds of men and women share their stories. His writing flows out of this unique opportunity to help people know and heal their stories, and find greater sexual wholeness and aliveness. He received his master's in counseling from [Reformed Theological Seminary](#) and was further trained in [Narrative Focused Trauma Care through the Allender Center at The Seattle School of Theology and Psychology](#). Sam lives in Colorado with his wife and three sons. Together, they enjoy exploring the best camping spots in Colorado in a pop-up camper. Sam goes to therapy, loves fly fishing and can often be found trying to catch his breath on the floor of his local CrossFit gym. Read more from Sam at his website, on Substack or various social media platforms (all linked below).

EXPERTISE

- Men's issues
- Christian counseling/therapy
- Sexual trauma recovery
- Narrative focused trauma care

AVAILABILITY

- Widely available
- While Sam maintains a full-time counseling schedule, there are times each day when he is open for interviews.
- Available via Skype, Zoom, and phone

ONLINE (CLICK TO VISIT)



[Click to visit Sam's substack](#)

CREDENTIALS

- Licensed trauma therapist with over 20 years experience
- Master's degree in counseling from Reformed Theological Seminary
- Trauma care training from the Allender Center at the Seattle School of Theology and Psychology
- An experienced conference speaker and guest on numerous radio and podcast interviews
- Guest contributor to online publications such as [baremarriage.com](#)

DOWNLOADS

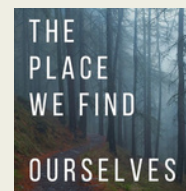
- [Sam Jolman headshot](#)
- [Book cover image](#)
- [The Sex Talk You Never Got PDF](#)



"... the most important book on sexuality that you will ever read."

-- John Eldredge
bestselling author of 'Wild at Heart'

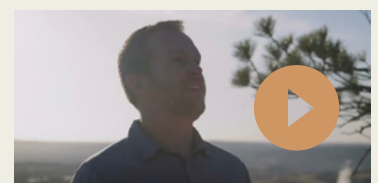
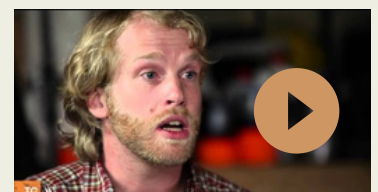
MEDIA



Click the images to hear Sam discuss issues of the Christian faith, male sexuality, and the vital importance of men getting to know their own story.



Also, below is a short trailer for the book.



TO BOOK AN INTERVIEW, CONTACT:

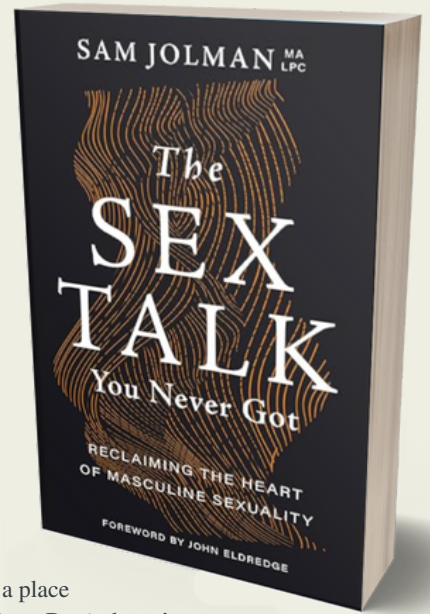
GREG HOLMES 214.326.9415

GREG@JONESLITERARY.COM



ABOUT THE BOOK

- Nelson Books, June 11, 2024
- ISBN: 9781400243907, Paperback, \$19.99 USD
- Religion / Christian Living / Personal Growth
- [Click the image for more](#)



In our sex-obsessed world, it might seem ironic that men need *more* talk about sex.

But in reality, sexuality is one of the most neglected aspects of men's lives. Few men got a sex talk that was anything close to adequate—maybe a basic anatomy lesson or purity lecture, if anything at all. Culture tells men that anything goes. And the church's focus on purity, though well-intentioned, has often led men to a place of shame. The result is that many men experience sexual desire as an area of struggle, brokenness and confusion. But it doesn't have to be this way. In this biblically-based, practical book, Sam Jolman—a licensed therapist who specializes in men's issues and sexual trauma recovery—shows men the way out of the wilds of sexual struggle. This timely and incisive book helps men:

- regain a vigorous and vibrant sexuality within the context of God's design
- understand how purity culture has needlessly put men in a conflict-ridden relationship with their sexuality
- engage their own stories of sexual formation to discover and heal what has brought harm
- confront porn use and lust through the lens of God's kindness and find the true path to freedom
- learn about the vital link between sexual desire and our identity as worshipers
- trade shame and confusion for a sexuality of innocence and wonder

So, married or single, *The Sex Talk You Never Got* will help men discover the joy of their God-given sexuality and invite them to celebrate—rather than struggle against—the gift of sexual desire.

WHY IS IT RELEVANT?

- Men today are starved for healthy conversation on sexuality
- Parents, churches and the culture at large have left men to figure sexuality out on their own, leading to sexual shame, confusion and struggle.
- Men need help reconnecting their God-given sexuality with innocence, awe and joy
- Men desperately need to understand how to celebrate--instead of struggle against--the gift of sexual desire

THE STATISTICS SAY ...

- The average age of exposure to porn is 11 or 12 and trending lower every year
- 1 in 6 men acknowledge experiencing childhood sexual abuse - though most assume that the actual number is much higher
- In cases of sexual abuse, 90% of abusers are men
- 80% of men report struggling with lust regularly, but only 33% of men show any discernible lust behavior - which means men live in the shame and fear of lust far more than it actually happening

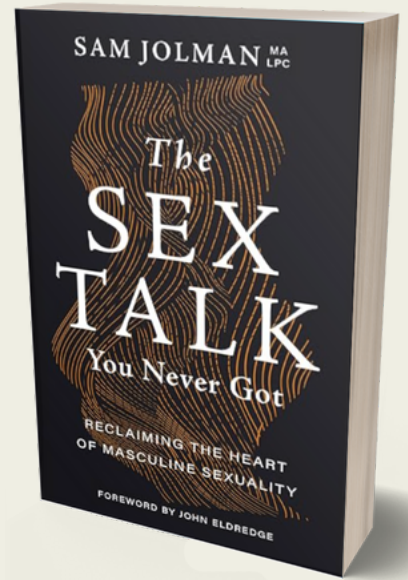


"Sex holds a connection to all the awe and wonder you have not just for other human bodies, but also for the beauty of the world. Just recovering the awe ... that would be a great accomplishment. But I want more than helping you recover something. We are not going to simply talk about sex. We are going to bless your sexuality."

SUGGESTED QUESTIONS

- Can you elaborate on the concept of "the wounded lover" and its significance in understanding male sexuality?
- How does the church and society impact an individual's sexual development and expression?
- What role does the concept of play have in healthy sexual experiences, according to your book?
- How do you define sexual healing? Why is it essential for both individuals and society?
- In your research, how did you find the traditional views on masculinity affecting sexual intimacy and relationships?
- Can you discuss the importance of addressing sexual abuse and trauma as outlined in your book?
- How do you challenge the conventional narrative of male sexuality and purity culture in the church?
- What are the false promises of contempt and self-righteousness in the context of male sexuality?
- Can you explain the idea of sex as an act of play and its implications for sexual relationships?
- How does your book address the cycle of abuse and the steps to breaking free?
- What insights can you offer on the role of kindness and compassion in sexual healing?
- In what ways can men cultivate a sense of embodiment to enrich their sexual experiences?
- How does the recovery of sexual aliveness and innocence transform personal and societal views on masculinity?
- What steps can individuals take to foster a healthier and more respectful expression of sexuality?
- Can you speak to the distinction between lust and desire?
- How does the concept of awe reframe the experience of sexuality for men?
- What misconceptions about male sexuality do you hope to dispel with this book?
- How can the insights from your book contribute to ongoing dialogues about masculinity and vulnerability?

ENDORSEMENTS



“At last. A kind, wise and poetic guide to the complex and beautiful issue of our sexuality and a path toward the wholeness every man longs for. I’m serious—this is the most important book on sexuality you will ever read.”

-JOHN ELDREDGE
BESTSELLING AUTHOR OF *WILD AT HEART*

“In the Christian community, male sexuality is often viewed as something out of control, if not dangerous. Consequently, men are asked to manage or suppress their sexual desire, denuding themselves of the beauty and passion inherent in sex. *The Sex Talk You Never Got* offers a way out that encourages men to grapple with the complexities of their story and become an integrated and awe-filled lover. Sam Jolman anchors us in wise counsel and soul honesty, inviting us to a striking and holistic vision of male sexuality that we need now more than ever. Sam has written a beautiful book and it's one I hope is read widely.”

-JAY STRINGER
PSYCHOTHERAPIST AND AUTHOR OF *UNWANTED: HOW SEXUAL BROKENNESS REVEALS OUR WAY TO HEALING*

“Reading *The Sex Talk You Never Got* is like seeing the Northern Lights for the first time and being dazzled by the intricate weaving of colors that are both intoxicating and overwhelming. Sam Jolman brilliantly weaves the core realities of the human condition--desire, beauty, shame, trauma, and redemption--into a perspective that will bring grief for what you missed and glory for who you are and who you could become. As much as this is a phenomenal book on men's sexuality, it is also a way of thinking and being as to what it means to be truly human.”

-DAN B. ALLENDER, PHD
PROFESSOR OF COUNSELING PSYCHOLOGY AND FOUNDING PRESIDENT OF THE SEATTLE SCHOOL OF THEOLOGY AND PSYCHOLOGY

“I didn't realize how healing a book like this would be until I read it. This book brought me to tears--in a good way. As a woman who is constantly trying to convince the wider Christian culture that it is possible for men to look at a woman without objectifying her; that lustfulness is not a synonym for masculinity; that men are capable of deep and intimate relationships too, to hear a man say it is so refreshing. This book is what the church needs. It cuts through the lies that have kept men trapped in addictions and compulsions while being walled off from real relationship, and points a Jesus-centered picture of what authenticity, peace, and victory look like. Thank you, Sam.”

-SHEILA WRAY GREGOIRE
AUTHOR OF *THE GREAT SEX RESCUE*

“Sam Jolman is tender with the topic and nuanced in his care, envisioning a better story of sexuality for those who dare to believe in its possibility. A book written for men that encouraged and challenged the heart of this woman as well.”

-LORE FERGUSON WILBERT
AUTHOR OF *THE UNDERSTORY, A CURIOUS FAITH AND HANDLE WITH CARE*

“Seldom am I stunned and moved to awe (and tears!) merely by reading a book. But Sam's words took my breath away--not just once, but over and over again. I'm eager to commend it broadly, but I'm also savoring its healing work in my story, in my soul, in my body. This is an exquisitely written and desperately needed book.”

-CHUCK DEGROAT, PHD
PROFESSOR OF PASTORAL CARE AND CHRISTIAN SPIRITUALITY AND EXECUTIVE DIRECTOR AT WESTERN THEOLOGICAL SEMINARY'S CLINICAL MENTAL HEALTH COUNSELING PROGRAM; LICENSED PROFESSIONAL COUNSELOR