



Cindy

BRINKER SIMMONS

Author, Speaker

Cindy Brinker Simmons is a best-selling author, businesswoman, and philanthropist who cares deeply about helping people in the midst of life's challenges. She is a living, breathing champion of joy. Cindy's victory in overcoming the sorrow of multiple personal losses provides comfort and hope to those struggling through life's most difficult trials. For years, she has walked alongside hurting people to encourage and help them confidently press forward, choose joy, and trust God no matter the circumstances. Cindy lost her beautiful mother, the late great tennis champion Maureen "Little Mo" Connolly Brinker, to cancer in 1969 when she was twelve and thirty-six years later, lost her beloved husband, Bob, to cancer. She has an adult son, William. All net proceeds from the sale of her Amazon best-selling book, *Restored: Reconnecting Life's Broken Pieces*, will be donated to [Wipe Out Kids' Cancer](#) and the [Maureen Connolly Brinker Tennis Foundation](#).

CREDENTIALS

- Over three decades of experience as a partner in two distinguished public relations agencies
- Deeply involved in philanthropic work, particularly through her board service and founding of Wipe Out Kids' Cancer and her leadership role as president of the Maureen Connolly Brinker Tennis Foundation — one of the world's foremost youth tennis organizations.
- One of nine Texans appointed to the inaugural Cancer Prevention and Research Institute of Texas (CPRIT).
- Author of the popular book, *Little Mo's Legacy: A Mother's Lessons, A Daughter's Story*.
- Recipient of the 2021 State of Texas "Governor's Lifetime Volunteer Achievement Award."
- Cindy's journey of having overcome great personal loss, including the loss of her husband, has brought about hard-earned wisdom, allowing her to share her journey of trust and faith. Cindy knows the depth of grief, but also the upside of trials as treasures in disguise.

EXPERTISE

- Overcoming suffering, brokenness and grief to find purpose and peace
- Supporting cancer patients
- Public relations
- Philanthropy, non-profit management, organizational leadership
- The upside of trials as treasures in disguise

AVAILABILITY

- Widely available Mondays - Fridays
- Available to travel upon request
- Available via phone, Zoom, Skype
- Unavailable later than 10pm CT and on Sundays
- Central time (Dallas, TX)

ONLINE (CLICK TO VISIT)



MEDIA

Click below to watch as Cindy shares short insights from her book, *Restored*.



TO BOOK AN INTERVIEW, CONTACT:

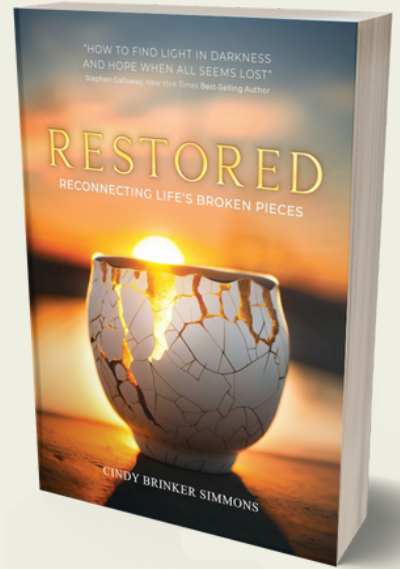
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ABOUT THE BOOK

- Redemption Press
- Now Available
- ISBN: 978-1951350574, Paperback, \$16.99 USD
- 220 pages
- [Click the image for more](#)



You might be living in a fragile place after loss, pain or grief. Is excitement in life and fullness of purpose too hard to imagine embracing right now? You are not meant to go through this alone. With a voice of empathy, wit and vulnerability, Cindy Brinker Simmons walks readers through practical tools and biblical truths that will reconnect them to God, others and themselves. *Restored* will help readers choose joy in the midst of heartache and find encouragement. This book's message is for anyone who needs:

- a fresh infusion of hope
- a gentle reminder of God's love and goodness
- a healthy dose of inspiring thought and strength to persevere
- a helpful roadmap to move forward and experience God's plan and purpose
- an effective way to reconcile and strengthen relationships

In *Restored*, Cindy authentically and wittingly wrestles with the reality of when our worlds have been rocked and provides readers fresh hope to move forward in victory.

WHY IT MATTERS

- **Suffering** is a universal, human experience.
- The National Cancer Institute reports that **in 2024, an estimated two million new cases of cancer will be diagnosed** in the United States and 611,720 people will die from the disease. In each of these cases, hurting people will face new, challenging realities. Cindy has been there and offers hope through her trust in God's plan and purpose.
- **Grief** challenges, but can grow, our faith and relationship with God.
- This book emphasizes the importance of productive, meaningful **relationships** when walking through dark times.
- It helps readers understand that restoration happens when we trust in **God's timing** and love, particularly in the midst of our brokenness.
- **Guilt or self blame, lack of trust in others, withdrawal from social activities**, trouble carrying out normal routines, and bitterness are all common responses to loss. Cindy shares **practical tools** that reconnect readers to God, others and themselves.
- Millions of people are drowning today in **disbelief, outrage and discouragement**. This book is where faith and disbelief intersect.
- Meets readers where the great excitement of expectations and the harsh wreckage of reality collide.



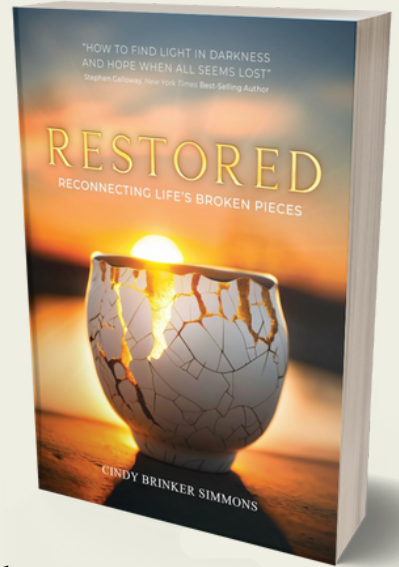
"Cindy's journey is a roadmap for purpose and peace."

-- Jane McGarry,
Host, "Good Morning Texas";
National Gracie Award winner
as "Best Local Anchor"

SUGGESTED QUESTIONS

- What does it look like to move forward from grief to embracing a life of fullness?
- Where do you see God's goodness in difficult times?
- The message of hope and restoration shared in *Restored* is a personal one for you. How have you seen your life restored? Why is it important for you to **come alongside readers** and help them through their pain?
- Looking over what people say about you and your book, one word comes to mind: JOY! In fact, on the covers of both the paperback and hardback books, it says, "*Restored* will help you **choose joy in the midst of heartache** and hardship." That's quite a promise. How can readers do that?
- How can we reconcile **relationships** lost in times of crisis?
- How can we resolve feelings of hopelessness and sadness? Restore a sense of belonging?
- How did the journeys through your mom's death and your husband's death differ for you?
- What roles do **prayer** and **journaling** play in our restoration?
- What was it like growing up, watching your mom succeed at such a high level and then to lose her at such a young age?
- Does sharing our time and talents with others help us heal in the process? How did you trust God with your life, even the hardest places of brokenness?
- What does **Christian community** in action look like? How can we be the hands and feet of Jesus for others and love people well when they're in the midst of hopelessness and despair?
- How can **small/community groups** play an effective part?
- What do you hope readers will learn about God's restoring process in their lives after reading your book? How is this different from the world's messaging or what we usually see in the self-help section?

ENDORSEMENTS



“For anyone who is in a season of life when they are thirsty for some encouragement, inspiration, motivation, and hope, open any chapter in Cindy Brinker Simmons's book, *Restored: Reconnecting Life's Broken Pieces*, and be quenched. She uses wit and humor and wisdom straight from the Bible as well as her personal experience. Not filled with cliches but packed with practical help to answer life's hard questions. I strongly recommend you read it.”

-SUSAN PERLMAN

Chief Partnership Officer, Jews for Jesus

“In your hands is Cindy Brinker Simmons's gift to the broken heart. It is well entitled, *Restored: Reconnecting Life's Broken Pieces*. Indeed, the storms of life can shake souls and raise hard questions about God and the meaning of life itself. Yet in the midst of turmoil, there's wisdom, strength, and encouragement for those who know where to seek it. Cindy shows us that these can be found in Scripture. Moreover, her practical guidance and transparent accounts of tennis, trials, tragedies, and triumphs will bless your heart and encourage your walk of faith. If a tornado has just torn through your life, *Restored* offers the spiritual help and joyful hope you've been longing for.”

-DR. PETER A. LILBACK STRINGER

FOUNDER AND PRESIDENT EMERITUS, PROVIDENCE FORUM; PRESIDENT, WESTMINSTER THEOLOGICAL SEMINARY, PHILADELPHIA

“In *Restored*, Cindy Brinker Simmons bravely shares her personal life stories. In her words and reference to Scripture, the Bible comes alive. She provides such valuable tools and guidance to the reader to deal with life's many challenges. After reading *Restored*, I was filled with joy and hopefulness — two things we all need more of in life.”

-MARIANNE STAUBACH,

BELOVED WIFE OF HALL OF FAME AND LEGENDARY DALLAS COWBOYS QUARTERBACK ROGER STAUBACH; DEVOTED MOTHER, GRANDMOTHER, AND GREAT-GRANDMOTHER

“My dear friend, Cindy Brinker Simmons, embodies the spiritual gift of exhortation like no other person I have known. This book chronicles the testimony of a woman whose faith has been tested greatly yet developed deeply. She writes as I have watched her live with a contagious courage and confidence in an omniscient God. Her passion is to inspire others to that same faith and hope. Rooted in the definition of the word restore are the ideas of return, repair, and renew. All of these speak of the work God desires to perform in our lives, and these are the ever-available gifts of God this book is all about.”

-DR. MARK L. BAILEY

CHANCELLOR AND SENIOR PROFESSOR OF BIBLE EXPOSITION, DALLAS THEOLOGICAL SEMINARY

“*Restored* is going to change hearts. It speaks to me on so many levels. Its pages brought chills down my back, tears to my eyes, and a smile to my soul! In such a masterful way, Cindy's compassionate and powerful words provide hope, joy, and faith to a broken world. I love this book!”

-BILLY DAWSON

NASHVILLE COUNTRY ARTIST, SONGWRITER, AND PRODUCER

“Few of us have endured the personal pain that has stamped Cindy Brinker Simmons's life, and even fewer of us have learned to turn it into joy. With a unique empathy, a remarkable warmth, and an absolute conviction in her faith, she leads us on a journey of discovery—a discovery of how to find light in darkness, how to find hope when all may seem lost. She speaks with the authority of authenticity, and that's a rare quality.”

-STEPHEN GALLOWAY

DEAN OF CHAPMAN UNIVERSITY'S DODGE COLLEGE OF FILM AND MEDIA ARTS; FORMER EXECUTIVE EDITOR OF THE HOLLYWOOD REPORTER; NEW YORK TIMES BEST-SELLING AUTHOR