

Elizabeth URBANOWICZ

*Teacher, Author, Speaker
Founder of Foundation Worldview*



Elizabeth Urbanowicz (ur-ban-o-wits) is a follower of Jesus Christ who is passionate about equipping kids to understand the truth of the Christian worldview. She holds a B.S. from Gordon College in Elementary Education and Spanish, an M.S.Ed. from Northern Illinois University in Literacy Education, and an M.A. in Christian Apologetics from Biola University. Formerly an elementary teacher in a Christian school, Elizabeth is also the Founder and CEO of [Foundation Worldview](#), a ministry that provides Christian parents, educators and church leaders with resources to equip the children in their care to think critically and biblically. She now works full-time on developing comparative worldview and apologetics resources for children. Her goal is to prepare the next generation to be lifelong critical thinkers and most importantly, lifelong disciples of Jesus Christ.

CREDENTIALS

- B.S. Elementary Education and Spanish, Gordon College
- M.S.Ed. Literacy Education, Northern Illinois University
- M.A. Christian Apologetics, Biola University.
- Founder and CEO, [Foundation Worldview](#)
- Experience on air as her own podcast boasts nearly 300 episodes

AVAILABILITY

- Most widely available Monday through Friday, 8-5pm ET
- Occasional Saturdays possible
- Available to travel or via phone, Zoom
- Eastern Time (Augusta, GA)
- Elizabeth is unavailable:
 - Oct 1-5
 - Nov 7-13
 - Nov 24-Dec 1
 - Dec 22-Jan 2

EXPERTISE

- **Classroom experience:** Elizabeth began teaching elementary students (3rd and 4th grade) at a Christian school near Chicago in 2007, where she noticed students struggling to evaluate cultural ideas biblically.
- **Curriculum development:** When she could not find adequate materials, she created her own resources to train students to think critically and biblically. These resources spread nationwide as parents and teachers requested them.
- **Advanced education:** To strengthen her expertise, Elizabeth earned a master's degree in Christian Apologetics from Biola University.
- **Founder of Foundation Worldview:** She established this ministry to equip Christian adults with practical tools to help children evaluate ideas and embrace a biblical worldview. Over 20,000 children have gone through her curricula.
- **Specialized expertise:** Though not a parent herself, she highlights her gifting in breaking down complex concepts for children and using her time (as a single woman) to carefully research and prepare resources for parents.

PODCAST

Click to listen as Elizabeth provides insights that help listeners answer questions that will enable them to guide and nurture the children God has entrusted to them. Her goal is to equip listeners to thoughtfully assess every idea they come across, fostering an understanding of the truth within the Christian worldview.



ONLINE (CLICK TO VISIT)



DOWNLOADS

- [Headshot](#)
- [Book cover](#)
- [Manuscript](#)

TO BOOK AN INTERVIEW, CONTACT:

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ABOUT THE BOOK

- Available October 7, 2025
- Paperback, \$18.98
- 240 pages
- Harvest House
- ISBN: 978-0736991391
- [Click the image for more](#)



In today's pervasively secular culture, it's more essential than ever to guide children toward a biblical worldview on all issues—including the complex topics of sexuality and gender. But how do parents have these discussions in an informed, age-appropriate, and Christ-centered way?

This how-to handbook equips readers to talk about sex, gender and the Bible with children between the ages of 4 and 12 with confidence and nuance. Inside they'll find biblically grounded answers to some of their most common questions, including:

- When should I first have the sex talk with my child?
- How do I explain sexual sin to my child?
- How do I teach my child to love others without affirming another person's sin?
- How do I talk with my child about what the Bible teaches about same-sex relationships?
- How do I handle the fear that I'll have these conversations the wrong way?

Helping Your Kids Know God's Good Design is a thoughtful, timely, and practical resource that will coach readers through some of the most foundational conversations they will have with their children.

WHY IS IT RELEVANT?

The world is aggressively pushing highly sexualized content at children. More of it every year, available in more formats, on more devices. Gender ideology, too. Parents are desperate to help their kids learn how to discern what they're seeing. The book addresses for parents:

- Fear that the world's vision of sexuality will capture their child.
- Anxiety over feeling unprepared to have these conversations.
- Uncertainty regarding how to approach hot-button cultural issues in a biblical and developmentally appropriate manner.
- Hope that they can instill in their child a better and more biblical view of sexuality than what their parents did for them.

** **This book isn't theoretical. It is a boots-on-the-ground, practical guide for conversations** we must have with our children. Each chapter is biblically grounded and written in language that parents can use with children as young as four.*

READERS WILL:

- Learn how, when and why they can begin talking with their children about sexuality.
- Learn how to teach their children the Bible's view on all aspects of sexuality and sexual sin in developmentally appropriate language.
- Learn how to guide their children through interactions with loved ones who are engaging in unbiblical forms of sexual expression.
- Examine how to wisely handle everyday concerns regarding their children, sexuality and gender.

SUGGESTED QUESTIONS

- At what age do you recommend parents start talking with their children about **sex**? Why do you recommend this age?
- What should parents cover when they have their first sex talk with their child?
- Isn't talking about sex with our young children stealing their innocence?
- How can we talk with our children about tricky topics like **pornography** and **masturbation**?
- How do we prepare our children for all of the **LGBTQ+** material that is being actively pushed on them?
- How would you guide a parent who feels anxious or embarrassed about having these conversations with their child?
- Our culture believes that the biblical view of sexuality is oppressive, even evil. How can we help our children not buy into this lie?
- Will talking with my child about sex at a young age steal their innocence?
- How do I discuss **sexual purity** without making my child feel shame or guilt?
- How do I help my child understand that feelings don't dictate sexual morality?
- Am I hypocritical if I teach my child the biblical design for sex, even though I did not follow it?
- What can I do to help protect my child from **sexual abuse**?
- What do I need to teach my child about **consent**?
- How should I guide my child if a family member enters a **same-sex relationship**?
- How should I explain to my child why we are not attending a loved one's **same-sex wedding**?
- How do I prepare my child to interact with a family member who is **transitioning**?

TO BOOK AN INTERVIEW, CONTACT:

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