Guide to Mount Zion's In-Person and Online High Holy Day Services, Programs, and Experiences



Our High Holy Days services will follow last year's schedule with a few updates. This page explains the three ways to participate.

Guide to Places and Platforms:

- In-Person: Most of our services and programs will be in person at Mount Zion. Members and those who sign up for the High Holy Days will pick up pre-printed nametags at the Summit Avenue entrance (or kitchen door for accessibility) when first arriving. Please wear these nametags while in the building for all of the High Holy Days. See p. 3 for our Covid-19 protocols.
- Streaming: You can view all of our in-person services from home through Mount Zion's website <u>www.mzion.org</u> or on Mount Zion's public <u>Facebook page</u>. All live streamed services will be available for viewing afterwards on the website and the Facebook page.
 - Need help? If you go to <u>www.mzion.org</u> during the High Holy Days, you will see the picture shown here. Just click the image
 - to be taken to our High Holy Day streaming page. At the time of the service, simply click the arrow to start the service. It should be that easy! We will help you if you need support. We will provide a phone number closer to the Holy Days.



Zoom: We will have a Zoom room available during most of our services for those who wish to pray from home in a more engaged, interactive community. Some "online only" gatherings during the High Holy Days will be via Zoom but can also be viewed via live streaming.

Rosh Hashanah at Mount Zion

Sunday and Monday, September 25 and 26 – 1 *Tishrei* 5783

Sunday, September 25 - Erev Rosh Hashanah		
Time	Event	Platform
7:30-9:00 pm	Evening Service Mishkan HaNefesh (prayerbook)	In-Person Streaming – www.mzion.org Zoom Zoom link Meeting ID: 834 1139 0639 Passcode: 511317
7:30-9:00 pm	Teen Service Mishkan HaNefesh (prayerbook)	In-Person

Monday, September 26 - Rosh Hashanah Day		
Time	Event	Platform
8:30-9:45 am	Family Service Prayerbook provided	In-Person Streaming – www.mzion.org Zoom Zoom link Meeting ID: 886 2432 6776 Passcode: 459493
10:00-10:45 am	Parents and Tots Service Prayerbook provided First 15 minutes will be for greeting/activity followed by a 30-minute service.	In-Person Streaming – www.mzion.org
10:00-10:45 am	High Holy Day study Turning From – Turning Toward Led by Rabbi David Thomas	In-Person Zoom Zoom link Meeting ID: 853 2789 9659 Passcode: 063156
10:00-10:45 am	Children's Program Grades 2-6	In-Person

11:00 am-1:30 pm	Shacharit (Morning) Service Mishkan HaNefesh (prayerbook)	In-Person Streaming – www.mzion.org Zoom Zoom link Meeting ID: 891 7348 2545 Passcode: 479435	
Anytime	Rosh Hashanah Meditation: A Shofar of Light (10 minutes)	Podcast	
I:45-2:30 pm	Continuing the Conversation with Rabbi Adler about the themes and messages emerging from the Rosh Hashanah services. Light nosh provided.	In-Person – Outside in the tent	
1:45-2:30 pm	Continuing the Conversation with Rabbi Spilker about the themes and messages emerging from the Rosh Hashanah services. Zoom Streaming – www.mzion.org Zoom link Meeting ID: 823 8907 0238 Passcode: 785871		
3:30-4:30 pm	Yoga	In-Person - Outside at Mississippi River	
3:30-4:30 pm	Teen Hike	In-Person - Outside at Mississippi River	
4:30-5:00 pm	Tashlich	In-Person - Outside at Mississippi River	

Between Rosh Hashanah and Yom Kippur

The Days of Awe- September 27-October 4

Friday, September 30		
6:30 pm	Shabbat Shuvah (Turning/Repentance) Services	In-Person Streaming – www.mzion.org Zoom Zoom link Meeting ID: 822 8985 6720 Passcode: 324427
Saturday, October I		
10:00 am	Shabbat Shuvah Services	In-Person Streaming – www.mzion.org Zoom Zoom link Meeting ID: 833 5538 5010 Passcode: 629042
Sunday, October 2		
11:00-11:30 am	High Holy Day Cemetery Service	In-Person Streaming – www.mzion.org

Yom Kippur at Mount Zion

Tuesday and Wednesday, October 4 and 5 – 10 *Tishrei* 5783

Tuesday, October 4 – Kol Nidre – Erev Yom Kippur		
Time	Event	Platform
7:30-9:30 pm	Kol Nidre	In-Person Streaming – www.mzion.org Zoom Zoom link Meeting ID: 821 0564 4335 Passcode: 174455

Wednesday, October 5 - Yom Kippur Day		
Time	Event	Platform
8:30-9:45 am	Family Service Prayerbook provided	In-Person Streaming – www.mzion.org Zoom Zoom link Meeting ID: 839 2677 7851 Passcode: 934760
10:00-10:45 am	Parents and Tots Service Prayerbook provided First 15 minutes will be for greeting/activity followed by a 30-minute service.	In-Person Streaming – www.mzion.org
10:00-10:45 am	Yom Kippur Poetry	In-Person Zoom Zoom link Meeting ID: 858 9931 7891 Passcode: 472089
10:00-10:45 am	Children's Program Grades 2-6	In-Person
11:00 am-1:30 pm	Shacharit (Morning) Service Mishkan HaNefesh (prayerbook)	In-Person Streaming – www.mzion.org Zoom Zoom link Meeting ID: 862 2336 5033 Passcode: 409603
11:00 am-12:30 pm	Teen Service Mishkan HaNefesh (prayerbook)	In-Person

Wednesday, October 5 - Yom Kippur Day, continued		
I:45-2:45 pm	Service of Healing and Reflection	In-Person Streaming – www.mzion.org
1:45-2:45 pm	High Holy Day Study	In-Person Zoom Zoom link Meeting ID: 871 1177 3390 Passcode: 140606
1:45-2:45 pm	Yom Kippur Chair Yoga	In-Person
Anytime	Prerecorded Individual Guided Walking Meditation	Podcast
	Sermon-in-song on Kol Nidre	Video
3:00 pm	Yizkor Service Mishkan HaNefesh (prayerbook)	In-Person Streaming – www.mzion.org Zoom Zoom link Meeting ID: 818 1462 5752 Passcode: 218612
4:00 pm	Afternoon Service Mishkan HaNefesh (prayerbook)	In-Person Streaming – www.mzion.org Zoom Zoom link Meeting ID: 818 1462 5752 Passcode: 218612
6:15 pm	Neilah Mishkan HaNefesh (prayerbook)	In-Person Streaming – www.mzion.org Zoom Zoom link Meeting ID: 818 1462 5752 Passcode: 218612
7:15 pm	Break-the-fast	In-Person