



Boston Breastfeeding Coalition

January Coalition Meeting

January 10th, 5:30 to 7:30

Meeting Attendees: Emily Stubbs, Charlene Fraser, Jenny Weaver, Aretha Welcome Briggs, Josephine Tran bong, Christian Sun, Linda Brennan, Porsha Eden, Sheida Gilles, Rachel Preiss, Lynn Turner, Shoba Warayana, Margo Jones

Objectives: 1) Look back to 2018 to identify strengths and growth areas 2) Set goals for 2019

- I. Welcome & Introductions
 - a. Great to see new faces at evening meeting
 - b. Review of 3 major branches of the coalition
- II. Coalition Data Lessons
 - a. We split into three groups to look at data from each branch of the coalition
 - i. Trainings
 - 1. Notice increase in passing rates of the Certified Lactation Counselor Exam between 2017 to 2018 (39% to 50%)
 - a. Due to extra study session offered by Coalition members
 - 2. Notice that even though Certified Lactation Counselor and Reaching Our Sister Everywhere Training have different objectives, training attendees report similar levels of confidence about their skills gained
 - ii. Support Groups
 - 1. Interested in difference between support groups
 - 2. How are people getting to support groups? (bus, driving)
 - 3. How long are they staying involved or attending? Can support groups function as entry point to network?
 - iii. Coalition
 - 1. Data from Villager Feedback and Network Collaboration Survey
 - 2. People most often apply information from Coalition Meeting to their work and social network, not to home life
- III. Aiming Higher for 2019
 - a. Untold Stories
 - i. Whose voices and stories would you like to hear more from this year?
 - 1. Family/partners/grandparents
 - 2. Breastfeeding success stories because of partner/family support
 - 3. LGBTQ Community

- a. Groups provide competent care and resources
 - 4. Pediatrician involvement
 - 5. Prenatal & Centering
- b. Advocacy Actions
 - i. Meeting attendees voted on which system-level change efforts they would like to see the coalition engage in:
 - 1. Increased access to lactation support providers
 - 2. Increasing access to paid family leave
 - 3. Reducing gaps in continuity of care from hospitals to community
 - 4. Supporting health care provider training on breastfeeding and other relevant maternal and child health programs
 - 5. Increasing support for breastfeeding in childcare facilities
 - 6. Increasing resources for fathers, grandparents, and partners
- c. Other ways that the Coalition can aim higher?
 - i. More pop-ups and tabling events
 - ii. Keep track of scholar support and coalition meetings through Facebook and calendars

IV. Goal Shout-Out & Pledge

- a. Meeting attendees filled out pledge cards to reaffirm their commitment to breastfeeding equity

V. Coalition Updates

- a. [ROSE 2019 Training](#)
 - i. [Application here](#)
- b. Boston Association for Childbirth Education [Conference Registration](#)