



The Young Parent Ambassador Program Background

The Center for Community Health and Health Equity (CCHHE) at Brigham and Women's Hospital serves as the coordinating department for community health programs and acts as the bridge between community-based organizations and the hospital. The CCHHE works with hospital departments and in partnership with community-based groups to address the social determinants of individual and community health.

Stronger Generations, one of the center's major initiatives, seeks to eliminate the racial disparity in poor maternal and infant health outcomes, by engaging and empowering women, their families and communities. Through clinical and community-based programs, Stronger Generations supports women and their families in achieving good health before, during, and between pregnancies. A signature piece of *Stronger Generations* is our *Proud 2 Parent* program, aimed at creating health and social support systems that meet the needs of expectant and parenting young families.

Proud 2 Parent focuses on educating, engaging, and empowering expectant and parenting adolescents to enhance their physical, mental and social health outcomes. Our goal is to achieve these outcomes through a focus on peer support and education, patient engagement, and leadership development.

What is the Young Parent Ambassador Program?

The Young Parent Ambassador Program is a graduated tier employment and leadership development program that focuses on public health outreach, education completion, job readiness, and parenting/life skills. The program includes three tiers with increasing involvement and training throughout the program duration.

Tier 1: Building Social Support and Parenting confidence

- Commitment: 4 hours/every other week for 4 months (Usually September - December)
- Activity:
 - Participate in 10 week parenting skills curriculum
 - Plan and participate in the annual STEPS event

Tier 2: Education/Career Exploration and Training

- Commitment: 4 hours/week for 4 months (Usually January – April)
- Activity:
 - Participate in weekly trainings/seminars related to public health, workforce development, goal setting, etc.
 - 1:1 coaching with Proud2Parent staff on goals related to education, job placement or self-sufficiency
 - Contribute to our social media platforms (Twitter, Facebook, and blogging)

Tier 3: Leadership Development & Practice

- Commitment: 6 hours/week for 4 months (Usually May - August)
- Activity:
 - Participate in weekly trainings/seminars related to leadership skills, project management, outreach/advocacy.
 - Work on a Community Learning Project that advances the work of Proud2Parent and Stronger Generations
 - 1:1 coaching with Proud2Parent staff on goals related to education, job placement or self-sufficiency
 - Contribute to our social media platforms (Twitter, Facebook, and blogging)

Program Requirements:

- Program participants are required to commit fully to the duration of each tiered programmatic component. After graduating from a tier, they will have the opportunity to reassess their continued involvement.
- Available for day-long (8am-5pm) STEPS young parent event (last week of June).
- Access the internet for social media participation, or be willing to come to the office for computer access

Eligibility:

- 25 years of younger
- Must be a current or former expectant or parenting young adult

Program Application Requirements:

Part I: Complete the Young Parent Ambassador Application (below)

Part II: Submit a Letter of Support—This letter can be from a friend, teacher, parent or other person who can speak to why you should be a Young Parent Ambassador.

Part III: Submit a Personal Statement—Answer one of these questions (below) in 1-2 pages.

- Describe the world you came from—for example your family, community or culture. How has your world shaped your dreams and aspirations?
- How do you define leadership? What experiences or events in your life have made you into the leader that you are today?
- Write a letter to a teen parent in your community who is struggling. What advice would you give them? What would you say to encourage, motivate, and inspire them?

Submit application materials (all **THREE** parts) to Ariel Childs via one of the following options:

Email to Ariel Childs at alchilds@bwh.harvard.edu / Fax (Attn: Ariel Childs) to 617-582-0190

Mail: Attn. Ariel Childs, The Center for Community Health and Health Equity
801 Mass Ave, Suite 5002, Boston, MA 02118

If you have any questions, concerns, or want more information, please contact
Ariel at 617-582-0187 or alchilds@bwh.harvard.edu

Be sure to check us out online at:



Proud to Parent
BWH Stronger Generations



@ProudtoParent
@StrongerGen



www.beproudtoparent.org

The Young Parent Ambassador Program Application Cover Page

Today's Date: _____ Expectant ☐ and/or Parenting ☐ Date of Birth: _____

Name: _____
First Last Middle Initial

Address: _____
Street Apt City State Zip

Social Security: _____ - _____ - _____ Email: _____

Telephone (Home): _____ - _____ - _____ Telephone (Cell): _____ - _____ - _____

EMPLOYMENT AND/OR DOCUMENTED VOLUNTEER HISTORY

Have you had past employment history? ☐ Yes ☐ No Have you had past volunteer history? ☐ Yes ☐ No

WHICH AREAS OF THE PROGRAM ARE YOU MOST INTERESTED IN? (Check all that apply)

- | | | | |
|--|---|--|---------------------------------------|
| <input type="checkbox"/> Teambuilding/Collaboration | <input type="checkbox"/> Leadership Development | <input type="checkbox"/> Workforce development | <input type="checkbox"/> Life skills |
| <input type="checkbox"/> Health Outreach/Advocacy | <input type="checkbox"/> Social Support | <input type="checkbox"/> Event Planning | <input type="checkbox"/> Social Media |
| <input type="checkbox"/> Stronger Generations Programmatic Support | <input type="checkbox"/> Parenting Skills | <input type="checkbox"/> Other _____ | |

WHICH LIFE SKILLS SEMINARS WOULD BE MOST USEFUL TO YOU? (Check all that apply)

- | | | | |
|--|---|--|--|
| <input type="checkbox"/> Financial Management | <input type="checkbox"/> Job Coaching | <input type="checkbox"/> Healthy Relationships | <input type="checkbox"/> Mediation |
| <input type="checkbox"/> Time Management | <input type="checkbox"/> Parenting Skills | <input type="checkbox"/> Healthy Eating | <input type="checkbox"/> Sexual Health |
| <input type="checkbox"/> Early Childhood Development | <input type="checkbox"/> Co-parenting | <input type="checkbox"/> Self-sufficiency | |
| <input type="checkbox"/> Stress Management | <input type="checkbox"/> Writing Skills | <input type="checkbox"/> Education Completion | |
| <input type="checkbox"/> Computer/tech literacy | <input type="checkbox"/> Other _____ | <input type="checkbox"/> Other _____ | |

HOW DID YOU HEAR ABOUT THE AMBASSADOR PROGRAM? (Check all that apply)

- ☐ Former Ambassador ☐ Web search ☐ BWH Staff ☐ Flyer/Advertisement ☐ Health Care Provider
☐ Community Program (which one _____) ☐ Social media (which platform _____)
☐ Other (please specify) _____

Application Components

- ☐ Application Cover Page Submitted
☐ Letter of Support Submitted
☐ Personal Statement Submitted

If accepted into the program, you will be required to:

- Obtain an updated TB test result if you have not had one in over 3 months
- Submit your immunization records
- Complete a CORI (Criminal Offender Records Information)

The information supplied on this application is true and complete to the best of my knowledge. I understand and agree that any false information or material omissions of fact may disqualify me from further consideration for employment, or may be considered justification for dismissal if I am hired.

Signature of Applicant

Date