

2019 SPRING SPRINT TRIATHLON WAVE ASSIGNMENTS

WAVE	EVENT	CAP	AGE DIVISION +	SPECIALTY DIVISION	START
1	SPRINT	NO CAP	ALL DUATHLETES	All	6:45 AM
2	INT	ORANGE	International Men 39 and under	Challenged/Military	6:50 AM
3	INT	YELLOW	International Men 40+	Clydes	6:53 AM
4	INT	BLUE	International Women	Challenged/Military/Athena	6:56 AM
5	SPRINT	GREEN	MALE 16-29	Elite, Military, Challenged	6:59 AM
6	SPRINT	VIOLET	FEMALE 16-29	Elite, Military, Challenged	7:02 AM
7	SPRINT	POWDER BLUE	MALE 30-34		7:05 AM
8	SPRINT	RED	FEMALE 30-34		7:08 AM
9	SPRINT	PINK	MALE 35-39		7:11 AM
10	SPRINT	ORANGE	FEMALE 35-39	ALL ATHENA	7:14 AM
11	SPRINT	YELLOW	MALE 40-49		7:17 AM
12	SPRINT	BLUE	FEMALE 40-49		7:20 AM
13	SPRINT	GREEN	MALE 50-54	ALL CLYDESDALE	7:23 AM
14	SPRINT	VIOLET	MALE 55+		7:26 AM
15	SPRINT	POWDER BLUE	FEMALE 50+		7:29 AM
16	SPRINT	RED	ALL AQUABIKE, AQUATHLON	ALL RELAYS	7:32 AM
17	SPRINT	PINK	SPRINT KIDS 13-15		7:35 AM
18	MINI	ORANGE	MINI SPRINT 16+		7:55 AM
19	MINI	YELLOW	MINI SPRINT 15 AND UNDER		8:00 AM
20	ITSY	POWDER BLUE	ITSY BITSY MALE 9-10		8:20 AM
21	ITSY	PINK	ITSY BITSY FEMALE 9-10		8:25 AM
22	ITSY	VIOLET	ITSY BITSY MALE/FEMALE 7-8		8:30 AM