

# ALZHEIMER'S AND DEMENTIA CARE ECHO

## PROGRAM FOR PROFESSIONAL CARE PROVIDERS

### FREQUENTLY ASKED QUESTIONS



#### Which communities are eligible to participate?

Eligible communities (with or without specialized dementia services):

- Assisted Living Communities
- Nursing Homes
- Life Plan Communities
- \*Please note: Separate ECHO Programs are offered for Assisted Living and Nursing Homes, tailored to meet their specific needs.

#### What are the different types of communities?

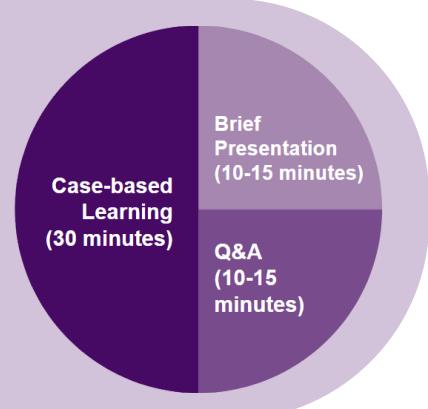
To learn more, visit the Alzheimer's Association long-term care webpage.

#### What does an ECHO session look like?

**Duration:** 8 sessions over 8 weeks, each lasting 60 minutes.

#### Session Structure:

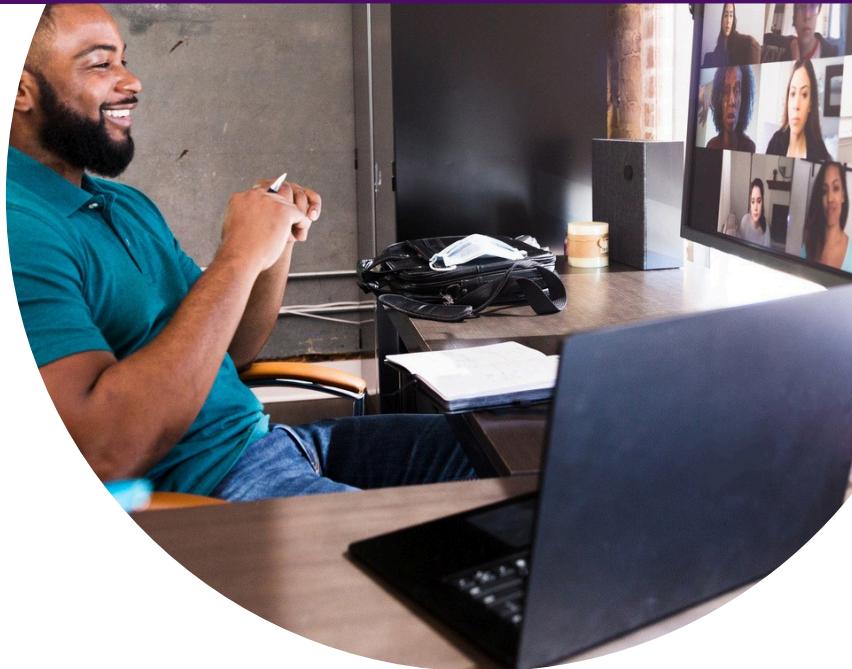
- Brief presentation by a subject matter expert in dementia care
- Case-based learning examples by participants, based on real-life scenarios
- Case discussion and recommendations



# FREQUENTLY ASKED QUESTIONS

## What are the participation requirements?

- **Commitment:** 8-week commitment for weekly, one-hour video sessions.
- **Team:** Participation of team members at each weekly session.
- **Case-Based Learning:** Submission and presentation of a case study for discussion.
- **Evaluation:** Participation in pre- and post-series evaluations.
- **Technology:** Access to equipment technology as listed above.



## What are the benefits of participating?

### For Professional Care Providers:

- **Specialized Knowledge:** Increased access to specialized knowledge related to evidence-based Alzheimer's and dementia care.
- **Team Empowerment:** Improved care team's confidence to recognize, support, and care for residents with dementia.
- **Free CEUs:** Earn up to 8 NAB-approved CEUs per series.

### For the residents you care for:

- **High-Quality Care:** Improved access to high-quality care grounded in the Alzheimer's Association Dementia Care Practice Recommendations.
- **Fullest, Most Meaningful Life:** Residents get the right care at the right time, improving their overall quality of life and safety.

## Have Questions?

Email us at [projectecho@alz.org](mailto:projectecho@alz.org)  
We want to hear from you!



## What equipment or technology is required to participate?

- **Tools:** A computer or mobile device with internet access, audio, and video capabilities.
- **Platform:** Sessions are conducted via Zoom.



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