

# ALZHEIMER'S AND DEMENTIA CARE ECHO PROGRAM FOR PROFESSIONAL CARE PROVIDERS FREQUENTLY ASKED QUESTIONS



## Which communities are eligible to participate?

Eligible communities (with or without specialized dementia services):

- Assisted Living Communities
- Nursing Homes
- Life Plan Communities
- \*Please note: Separate ECHO Programs are offered for Assisted Living and Nursing Homes, tailored to meet their specific needs.

## What are the different types of communities?

To learn more, visit the Alzheimer's Association [long-term care](#) webpage.

## How many communities and staff members from each community can join an ECHO series?

- 12-15 LTC communities
- 2-8 team members per community.

## Which staff members can participate?

Participation will vary depending on your community's staffing structure and availability. Ideally, we encourage care teams to attend ECHO sessions together to enhance team learning and collaboration.

Care teams can include:

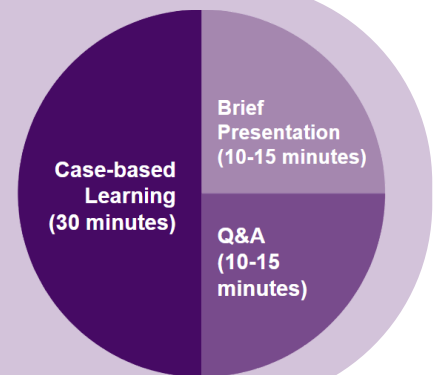
- Nursing Home Administrator
- Certified Nursing Assistant
- Registered Nurse
- Licensed Practical Nurse/Licensed Vocational Nurse
- Director of Nursing
- Social Worker
- Executive Director
- Activity Coordinator/Manager/Director
- Assisted Living Coordinator/Manager/Director
- Resident Care Coordinator/Manager/Director
- Facility provider(s)
- Dementia Program Director
- Dining Services Manager/Director

## What does an ECHO session look like?

**Duration:** 8 sessions over 8 weeks, each lasting 60 minutes.

### Session Structure:

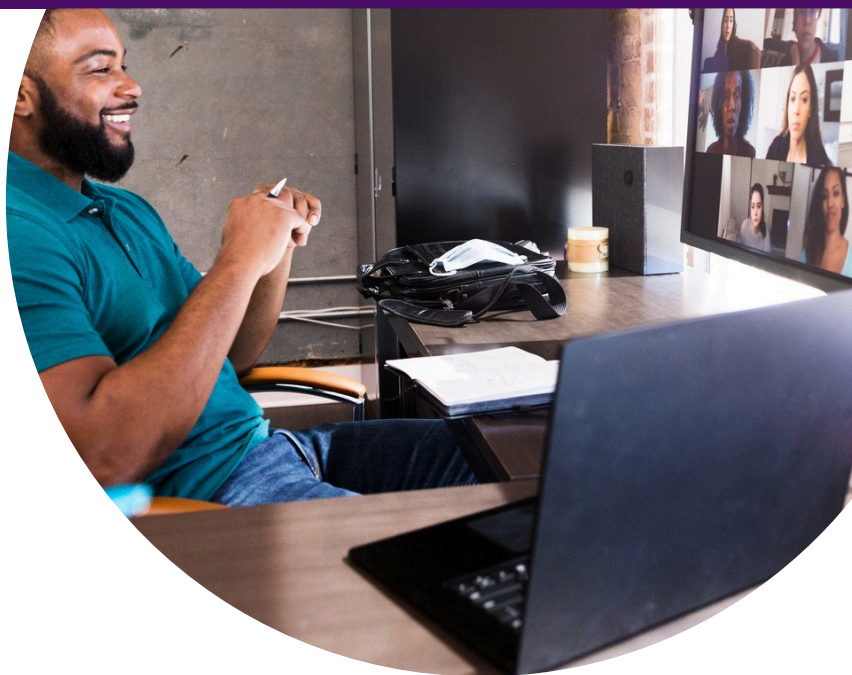
- Brief presentation by a subject matter expert in dementia care
- Case-based learning examples by participants, based on real-life scenarios
- Case discussion and recommendations



# FREQUENTLY ASKED QUESTIONS

## What are the participation requirements?

- **Commitment:** 8-week commitment for weekly, one-hour video sessions.
- **Team:** Participation of team members at each weekly session.
- **Case-Based Learning:** Submission and presentation of a case study for discussion.
- **Evaluation:** Participation in pre- and post-series evaluations.
- **Technology:** Access to equipment technology as listed above.



## What are the benefits of participating?

### *For Professional Care Providers:*

- **Specialized Knowledge:** Increased access to specialized knowledge related to evidence-based Alzheimer's and dementia care.
- **Team Empowerment:** Improved care team's confidence to recognize, support, and care for residents with dementia.
- **Free CEUs:** Earn up to 8 NAB-approved CEUs per series.

### *For the residents you care for:*

- **High-Quality Care:** Improved access to high-quality care grounded in the Alzheimer's Association Dementia Care Practice Recommendations.
- **Fullest, Most Meaningful Life:** Residents get the right care at the right time, improving their overall quality of life and safety.

## What equipment or technology is required to participate?

- **Tools:** A computer or mobile device with internet access, audio, and video capabilities.
- **Platform:** Sessions are conducted via Zoom.



**LEARN MORE**

- Alzheimer's and Dementia Care ECHO® Program [video](#)
- Alzheimer's and Dementia Care ECHO® Program for [Health Systems and Medical Professionals](#)
- Alzheimer's and Dementia Care ECHO® Program for [Professional Care Providers](#)
- Alzheimer's Association Project ECHO® [Superhub](#)

## Have Questions?

Email us at [projectecho@a](mailto:projectecho@a)  
We want to hear from you!

