

# ALZHEIMER'S AND DEMENTIA CARE ECHO PROGRAM FOR HEALTH SYSTEMS AND MEDICAL PROFESSIONALS

## FREQUENTLY ASKED QUESTIONS



### 1 What types of Health Systems are eligible to participate?

Eligible clinics include:

- Primary care
- Family medicine
- Internal medicine
- Please note: geriatric and other specialty clinics are welcome on a case-by-case basis

### 3 What equipment or technology is required to participate?

- **Tools:** A computer or mobile device with internet access, audio, and video capabilities.
- **Platform:** Sessions are conducted via Zoom.

### 2 How many clinics and team members can join an ECHO series?

- 12-15 clinics representing different health systems
- 2-8 team members per clinic

### 4 Which team members can participate?

Participation will vary depending on your clinic's staffing structure and availability. Ideally, we encourage care teams to attend ECHO sessions **together** to enhance team learning and collaboration. \*Each clinic is required to have one prescriber register on their ECHO team.

#### Care teams can include:

- Physician
- Nurse
- Nurse Practitioner
- Physician Assistant
- Behavioral Health
- Case Management
- Physical Therapists
- Occupational Therapists
- Speech Language Pathologist
- Nutritionist
- Community Health Worker
- Pharmacist
- Healthcare Administration
- Other Clinic Staff

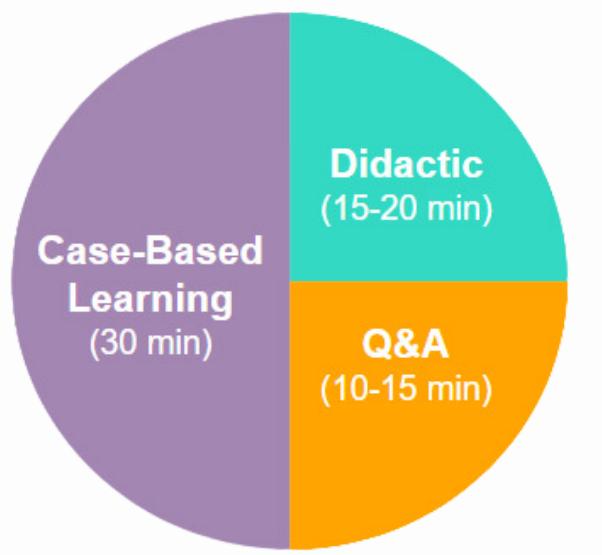


## 5 What does an ECHO session look like?

**Duration:** 12 sessions over 6 months, each lasting 60 minutes.

### Session Structure:

- Brief presentation by a subject matter expert in dementia care
- Case-based learning using real de-identified patients brought by participants, similar to clinical rounds
- Case discussion and recommendations



## 7 What ECHO Programs would be a good fit for my clinic?

There are three Alzheimer's and Dementia Care ECHO Programs for Health Systems and Medical Professionals:

- Flagship program for Primary Care clinics
- Collaborative ECHO focused on the UCLA ADC Model
- *COMING SOON: Care Navigation*

## Have More Questions?

Email us at [projectecho@alz.org](mailto:projectecho@alz.org).  
We want to hear from you!

## 6 What are the benefits of participating?

- **Specialized Knowledge:** Best-practice guidance for dementia detection, diagnosis and management
- **Team Empowerment:** Improved care team's confidence to care for people living with Alzheimer's and other dementia
- **Resources and Information:** Access to and expanded knowledge of community-based resources
- **Communication:** Person-centered communication strategies for working with patients and caregivers
- **Free CEUs:** Earn up to 12 CME/CNE/CEUs



**LEARN MORE**

- Alzheimer's and Dementia Care ECHO® Program [video](#)
- Alzheimer's and Dementia Care ECHO® Program for [Health Systems and Medical Professionals](#)
- Alzheimer's and Dementia Care ECHO® Program for [Professional Care Providers](#)
- Alzheimer's Association Project ECHO® Superhub