Losa Cuchara’s Bio

**Lisa Cuchara, PhD**, OM SYSTEM Ambassador, Master Craftsman (PPA), Master of Artistry (PPA), Master of Photography (M. Photog.), HonNEC is very passionate about photography.

**Lisa loves to Teach, Mentor, Motivate, and Inspire** and hopes that her passion and creativity will inspire you to capture beautiful photons and manipulate pixels with impact. “Life is not measures by how many breaths you take but how many moments take your breath away”. This philosophy embodies my life and my photography.

**She says” I love to photograph nature** and I appreciate the world around me and embrace the challenge of interpreting what my eyes see, and my heart feels via my photographs. Photography allows me to pay attention to the details and appreciate all of the beauty, details and nuances of everyday life. In this fast-paced world, my photography affords me an excuse to be mindful, to slow down and really see the world around me.”

**Her philosophy…..** “We do not remember days, we remember Moments” motivates my photography while “Don’t shoot what it looks like, **shoot what it feels like**” influences my image creation as I love to tell stories with my images. I am a proud lifelong learner and would love to have an opportunity to inspire you with my "**Creativity is contagious, pass it on" teaching philosophy.**[**www.LisaTom.Photos**](http://www.LisaTom.Photos)

Lisa and her husband Tom are known for their expertise in Photography and in Photoshop, and for their inspirational and informative photography workshops.

 **Lisa has created numerous award-winning photographic images** and enjoys sharing her vision, passion, and her knowledge! Her photographs have appeared in Adirondack Life, Wild Bird, Birder’s World, in calendars, on the cover of a fictional paperback novel, in many galleries & exhibitions.

**More…..**Lisa & Tom have published two books with Amherst Media “Create Fine Art Photographs from Historic Places and Rusty Things” and “The Frog Whisperer”. Also subscribe to their YouTube channel where they post photography tips and how-to’s[https://www.youtube.com/@LisaTom.Photos/videos](https://www.youtube.com/%40LisaTom.Photos/videos). Subscribe to their email list <http://tinyurl.com/cuchara-photolist>. Check out our photo and editing classes, our photo events and workshops, and view our photographs at [www.LisaTom.Photos](http://www.LisaTom.Photos).