

Important Resources

Dial 911 for Fire/Police/EMs

Dial 988 for self-harm Emergencies

Safe2Tell Colorado 1-877-542-7233

24/7 Colorado Crisis Line 1-844-493-8255

24/7 Colorado TEXT Crisis Line: text “TALK” to 38255

Alliance for Suicide Prevention of Larimer County: Carly Rayburg, 970-484-2209

WWW.Suicideprevent.org

Suicide Prevention Line: 880-273-TALK

3 Free Counseling Sessions: <https://imattercolorado.org/>

Summitstone Crisis Center: 970-494-4200

ECHO: Drop-in, peer support group. bit.ly/echoFAQ

Non-judgmental, confidential space to talk with others (ages 14-18).

Questions? Email silen.wellington@yarrowcollective.org

Tuesdays, 5-6:30 at The Matthew's House

415 Mason Ct. #1

Fort Collins, CO

School Address:

2130 W. Horsetooth Road

Fort Collins, CO 80526

970-568-8100