

# Kindness Counts!

THANK YOU TO ALL THE STUDENTS WHO SHARED WONDERFUL IDEAS AND SUGGESTIONS FOR HOW WE CAN BE KIND TO OUR:

FAMILY, FRIENDS, TEACHERS, NEIGHBORS, AND ANIMALS!

**HELP** with chores.....*let the chickens out....do the dishes...etc.* 😊

**COMPLIMENT** someone!

**OPENING DOORS** for friends and family

**NOT** making empty promises

Leave everyone alone, don't "bother"  
them

You can show kindness by **BEING  
APPRECIATIVE** when people are  
around

**REMEMBER BIRTHDAYS** and compliment  
others!

**HOLD THE DOOR** for someone 😊

**HELP OTHERS WHO MIGHT BE  
STRUGGLING**

“I was kind to my sister when I let her have a piece of chocolate.”

“I helped move an entertainment center”

Animals

Help **STRAY** animals

***FEED your pets!***

**“I WAS KIND TO MY PETS WHEN I PLAYED WITH THEM FOR 2 HOURS”**

“I show kindness to animals by **NOT** eating them.”

**“I can take my dog for a walk every day.”**

ASK A TEACHER HOW THEIR DAY WAS!

**Compliment their outfit**

Tell them something you **LIKE** about them!

**You can show kindness by  
COMPLIMENTING people**

**Be Encouraging!**

**Buy them Cookies!**

**Be Nice!**

***Bake them cookies***

**Helping with a Project**

**Do yard work for FREE!**

*Open the door for them!*

**BE COMPASSIONATE AND  
RESPECTFUL!**

**TAKE CARE OF OTHERS!**

“Helping neighbors, parents and friends is a way  
to be kind”

“You can help people physically like if  
someone can’t afford something, and,

also with our words: *we need to make sure our words are wise and kind.*”

Kindness is **listening** to people and **helping** with their problems

**Being there** for others is kindness

**You** can show kindness to others by being **RESPECTFUL** and **ATTENTIVE**. You can show them you care about them by *listening and hanging* out with them.

**Talk** to them

You can show kindness to your friends by **helping them with their homework**

**Lend someone a pencil** 😊

I can be nice to friends by **including them**

**Reach out to others!**

**Really listen**

**INVITE** them to do something fun!

**Help someone who is struggling with work**

“If you try hard, you can accomplish anything!”  
**(Be Inspiring!)**

“I help my friends with problems they have or with homework.”

“I can make others feel included no matter who they are.”

Hold ***no grudges***, be nice to anyone.



*"Some kids in my math class have been struggling so I have been helping them catch up."*

**You can help others with assignments**

*Give emotional support*