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JULY 2025

# Monthly Prayer Guide

LSM's

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For formation in discernment to know which steps to  
take to address the climate crisis \*\*\*



**LAUDATO SI'  
MOVEMENT**  
Catholics for Our Common Home





## **Editorial** \*\*\*

### \*\*\* **page**

you use it in quiet reflection alone or share it with your community, it's here to nurture your spirit and strengthen your mission. Each month, you'll find reflections and heartfelt testimonies from fellow members of our global movement—voices that echo your own hopes, challenges, and dreams for a better world.

As we walk through this extraordinary year, we do so with deep gratitude. Together, we celebrate the 10th Anniversary of *Laudato Si'*, the vibrant life of the *Laudato Si'* Movement, and 800 years of the *Canticum of the Creatures*. These powerful milestones remind us of who we are: a global family, united in love and action for our common home.

This year's monthly intentions follow the Holy Father's 2025 prayer intentions, viewed through the lens of *Laudato Si'*. As *Laudato Si'* Animators, your witness is essential. Your daily efforts—in your communities, parishes, and online—are seeds of hope, courage, and love. May this guide inspire you to keep going, one prayer and one action at a time, always grounded in faith and fueled by purpose.

→ [LET US CONTINUE RAISING HOPE TOGETHER.](#)



## \*\*\* *Hear Creation's Song* \*\*\*

### Monthly intention

For formation in discernment to know which steps to take to care for the climate crisis



### Quote of the month

“It is my hope that our seminaries and houses of formation will provide an education in responsible simplicity of life, in grateful contemplation of God’s world, and in concern for the needs of the poor and the protection of the environment” LS 214.



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## ***Discernment: Imagining more abundant life (pp. 68)*** \*\*\*



Loving Creator,  
As I begin this new day,  
I ask for the grace to pay attention.  
As I make decisions throughout the day,  
Open my heart to remember that the ultimate  
goal of my life  
Is to be in a loving relationship with You,  
myself, my neighbor, and the Earth.

When I call to mind this purpose,  
I am more easily able to discern the  
most loving action to take,  
The next right step.  
As I come to a crossroads during the day,  
Help me to be a “contemplative in action”  
By pausing to notice my feelings and to  
remember the purpose of my life.  
As I make a decision, I ask myself,  
“What will bring about more love?”  
“Which option will help create a world  
of abundant life?”  
“What supports right relationship?”  
Encourage my dreams for this world.  
Expand my imagination beyond what I  
currently believe is possible  
As we co-create a future where all life can  
flourish.  
Amen.

Author: Originally written in English by Brenna Davis, Ignatian Solidarity Network.  
LSM member organization. Cleveland, Ohio, USA.



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## Hear *Creation's Cry*

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### Monthly reflection to deepen our eco-conversion

My ecological conversion has been a journey... and I continue to travel it learning from those who care the most for the planet and those who suffer the most from the socio-environmental crisis.

**María José Centurión, Asunción, Paraguay. Communicator in FAPI and SIGNIS ALC. Vice President of SIGNIS World. Member of CLC Paraguay and Laudato Si' Animator.**

How did my ecological conversion come about?

My ecological conversion was not a moment, it was a process. A silent and deep path that was woven with stories, glances and silences. It was an awakening of the soul that began when I started to listen with my heart.

The diverse indigenous peoples of Paraguay gave me one of the most valuable lessons of my life: to communicate, you must first listen. Really listen. Not only to the people, but also to the earth, to the wind, to the river, to the trees, to the flight of birds. I learned that nature not only surrounds us: **it speaks to us, guides us, embraces us.**

Indigenous peoples are true guardians of life. Their existence is deeply intertwined with the forests, with the water, with everything that beats. When I started working as a communicator with FAPI - the Federation for the Self-Determination of Indigenous Peoples - my outlook changed forever.

I remember the simple but powerful examples with which they explained communication: how to interpret the song of a bird, the whisper of the wind, the flutter of a butterfly, the colors of the sky before the rain. **I discovered that we communicate not only among humans, but with all the biodiversity that gives us life.**



They taught me that loving nature is not just a nice idea, it is a way of life. Because she sustains us, gives us the soul and brings us back to the origin. We are water, we are forest, we are pure nature. And without forests, there is no water. Without water, there is no life.

When I look back, I see that this path of conversion has been built over the years, with encounters, with learning that has not yet come to an end. I do not consider myself a convert, but an eternal learner. I learn from every person, from every corner of the world, from every gesture that connects us with the most human and the most divine.

As a follower of Jesus, I found in Ignatian spirituality a way to embrace this truth: **God created us to love, care for and co-create with Him the natural beauty He has given us.** And in that love, the face of God is present in every leaf, every river, every community living in harmony with the Earth.

Later, when I encountered the teachings of Pope Francis, I felt that this way of being in the world had a name: **integral ecology.** The encyclical *Laudato Si'* was for me a luminous confirmation that this is the way. A call not only to protect, but to reconnect with what really matters.

Caring for our common home is an act of profound love. Listening to the cry of the Earth is also listening to the cry of those who suffer the most: the most vulnerable communities, those who still live in harmony with nature but who are the hardest hit by the system's selfishness.

And yet, they continue to care. They continue to love. They continue to resist.

**Praise be to you, God, in the nature that inhabits us and the nature we inhabit. Thank you for giving us this sacred home, so that we can be what we came here to be: fully human, fully alive.**



From Ecuador's *Laudato Si'* Animators: The blue-footed booby bird (*Sula nebouxi*) was one of the animals meticulously studied by Charles Darwin in his work on the evolution of species in the Galapagos Islands, Ecuador. Also known as camanay booby, blue-footed booby, or blue-footed booby, it is a bird that inhabits the coasts between Peru and the Gulf of California, as well as the Galapagos Islands, where it coexists with its relative, the red-footed booby.





\*\*\* **Questions for reflection** \*\*\*

- Am I truly listening to nature and the most vulnerable, or am I just observing them from a distance?
- How do my daily decisions - in consumption, work, faith - reflect love and respect for our common home?
- From where am I communicating: from haste and noise, or from silence and connection with all of creation?



## Hearing **Creation's Call**

**Global Encounter: One heart, One Home.**

Join us on July 19 , we will gather virtually for the 10th Anniversary Global Gathering, the historic culmination of a year-long listening process. Over the past year, more than 4,000 Laudato Si' Movement members across 40+ countries have shared their perspective on the past and their hopes for our future together.

→ [GLOBAL ENCOUNTER - LAUDATO SI' MOVEMENT](#)

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This prayer guide was developed with the support of María José Centurión, Paraguay, Sandra Estrada, Mexico, Suzana Moreira, from Brazil, and the strategic work by Susana Salguero from El Salvador, design work by Marco Vargas from Ecuador, as well as work from others of the Communications team spread across the Americas and translators spread across the world.