



at Ann Cole Training Center...because we care.

The Two Hearts-Two Hands program is for our weekly students going from one handed riding to two handed riding. The prerequisite for this class is when the student can walk, trot and canter without stirrups and without holding onto the saddle horn. This class is also for students who are currently riding with two hands who need their skills in this area refined.

Taking care of the horse's mouth is very important. This class will help our students understand how to keep the mind, body, and spirit intact through mindfulness while creating connection with the reins.

This class is a requirement before our students make a transition into two handed riding.

Our teacher will recommend this class when the time comes.

This program will be in a classroom setting.

Student Name: _____

____ Session One: This class will meet Tues, Oct 19th and Oct 26, from 4:30 to 5:30

____ Session Two: This class will meet Thurs, Nov 11 and Nov 18, from 4:30 to 5:30

____ Session Three: This class will meet Tues, Nov 23^h and Nov 30, from 4:30 to 5:30

(if you miss a class in your session-you can make it up in a different session)

Time – 4:30 to 5:30

Costs - \$50

