



**AppHealthCare**  
Caring for our Community

BRINGING  
SUMMER  
BACK

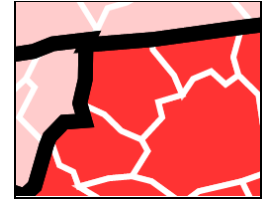
# Watauga COVID-19 Situation Update

August 20th, 2021

## COVID-19 Updates

- In areas with substantial and high transmission, the CDC recommends that everyone (including fully vaccinated individuals) wear a mask in public indoor settings to help prevent the spread of the Delta variant, and to protect others.

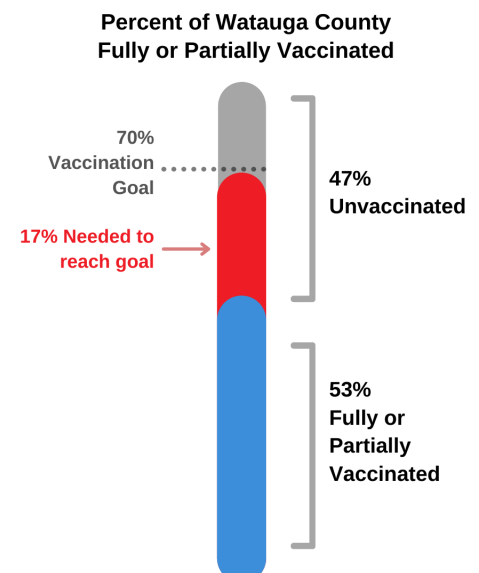
- [According to the Centers for Disease Control and Prevention](#), Watauga County has a **HIGH** level of community transmission (right). [Click here for North Carolina Department of Health and Human Services' County Alert System.](#)



- Beginning Monday, August 16th, AppHealthCare will be expanding COVID-19 testing by drive-thru **Monday through Friday 8:30-10:00am** at each of our clinic locations. No appointment is needed.
- AppHealthCare offers COVID-19 vaccines by walk-in or appointment Monday through Friday. **Walk-in hours for vaccines are 1:00-4:00pm.** If you choose to walk-in for a vaccine, you may have to wait. In order to lessen your wait time, please schedule an appointment. To schedule an appointment, call (828) 795-1970.
- Based on CDC guidance, at this time, we are able to administer a third dose of Pfizer or Moderna for individuals who are moderately to severely immunocompromised as recommended by the CDC. This is for individuals who have already received a 1st and 2nd dose of Pfizer or Moderna and who have a moderately or severely compromised immune system such as individuals who are undergoing cancer treatment, have had an organ transplant, are actively taking medications that suppress their immune system, have advanced or untreated HIV infection, or have another moderate or severe primary immunodeficiency condition. **Before receiving a third dose, individuals will need to complete an attestation form stating they are eligible under the current criteria.**
- Booster doses for the general public is set to begin September 20th and depends on FDA and Advisory Committee on Immunization Practices recommendation.

## Get Vaccinated to Protect Yourself Against COVID-19 and Variants

- \$100 Visa Gift Cards are available** from Aug. 4 through Aug. 31 to all who are 18 + getting their first dose of the COVID-19 vaccine and \$25 Visa Gift Cards are available for those who drive someone to get their first dose of vaccine. [\(Click here to learn more\)](#)
- Get vaccinated to protect yourself against COVID-19 and variants. With the Delta variant, this is more urgent than ever. The highest spread of cases and severe outcomes is happening in places with low vaccination rates.
- The vaccines are working like they should. They are helping prevent severe illness, hospitalization and death.
- If you get vaccinated, your risk of infection is about **3.5 times lower**, your risk of getting ill from COVID is over **8 times lower**, and your risk of hospitalization or death is about **25 times lower**.



# COVID-19 Vaccination Updates

## New CDC Data: COVID-19 Vaccination Safe and Strongly Encouraged for People Who are Pregnant and Breastfeeding

Getting a COVID-19 vaccine can protect you from severe illness from COVID-19.



COVID-19 vaccination is recommended for those who are pregnant, breastfeeding, trying to get pregnant now, or might become pregnant in the future. Pregnant and recently pregnant people are more likely to get severely ill with COVID-19 compared with non-pregnant people. Getting a COVID-19 vaccine can protect you from severe illness from COVID-19.

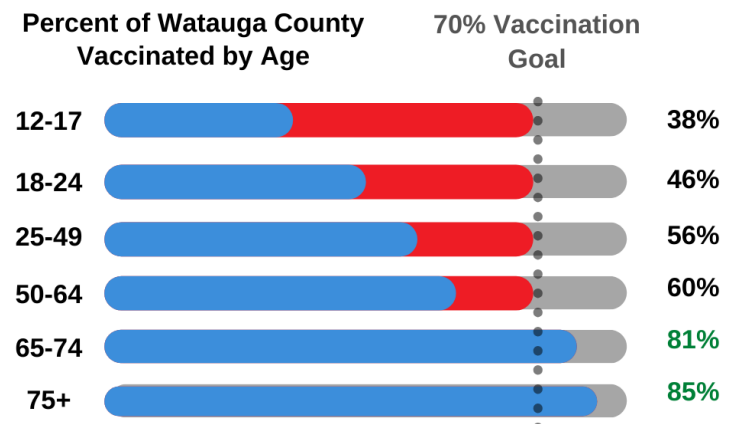
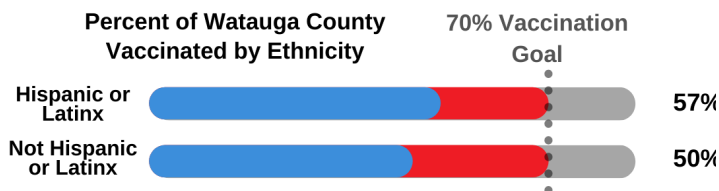
Clinicians have seen the number of pregnant people infected with COVID-19 rise in the past several weeks. The increased circulation of the highly contagious Delta variant, the low vaccine uptake among pregnant people, and the increased risk of severe illness and pregnancy complications related to COVID-19 infection among pregnant people **make vaccination for this population more urgent than ever.**

## Watauga County Vaccination Data

County-specific race, ethnicity and age data are from the [NCDHHS COVID-19 Vaccination Dashboard](#), - (All vaccine demographic data are current as of 8/19/2021 at 4:00 am.).

Percent of Population by Race Fully or Partially Vaccinated	
American Indian or Alaskan Native	0%
Asian	0%
Black or African American	43%
Native Hawaiian or Other Pacific Islander	0%
Other	56%
White	49%

**21,232**  
Vaccines Administered by  
AppHealthCare in Watauga  
County  
as of 08/19/2021.



# North Carolina COVID-19 Updates

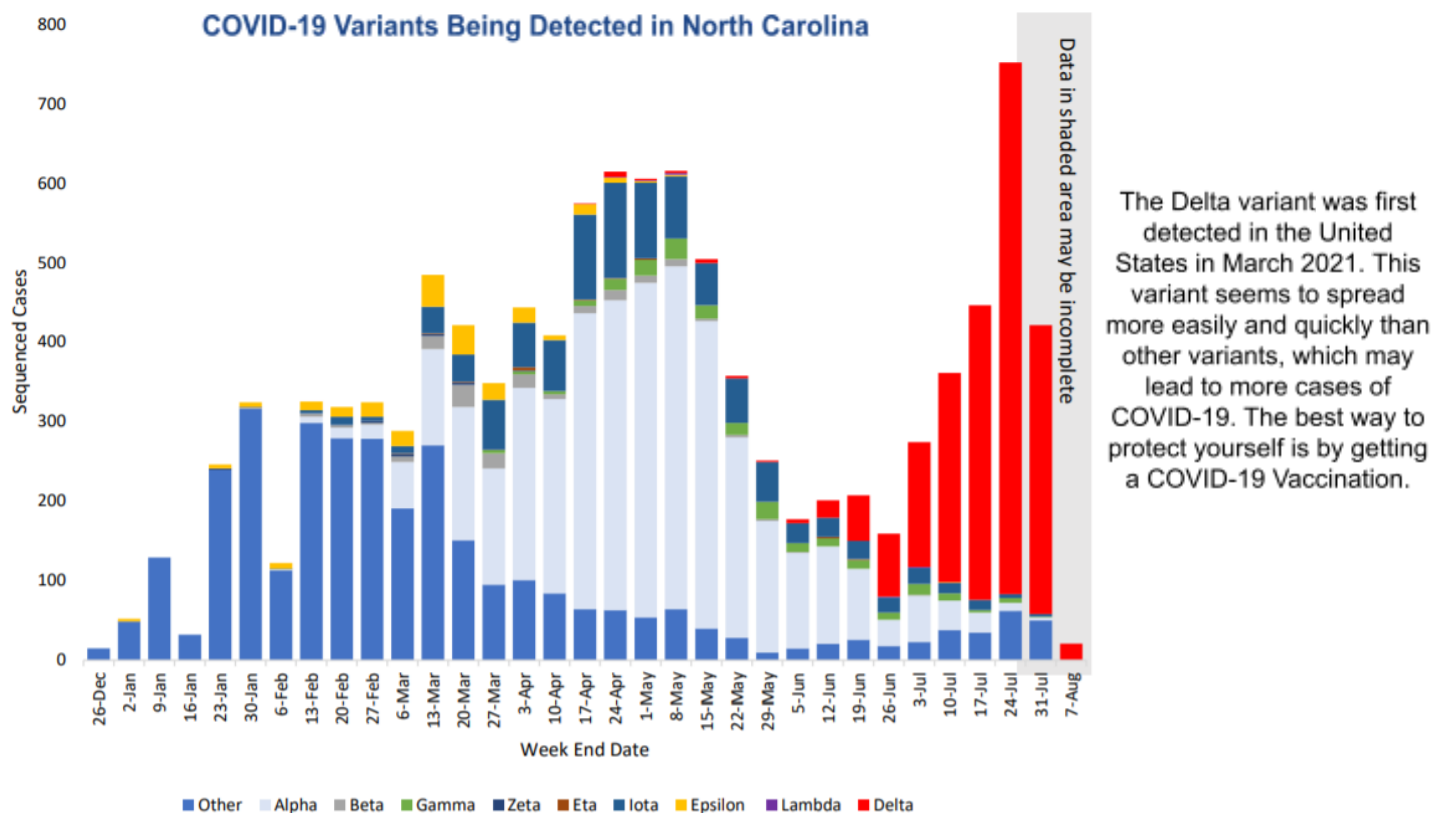
## North Carolina State Synopsis

Data is from [COVID-19 State Profile Report](#), provided by White House COVID-19 Team, Joint Coordination Cell, Data Strategy and Execution Workgroup - (All data is current as of 8/13/2021)

	LAST WEEK	CHANGE FROM PREVIOUS WEEK
RATE OF NEW COVID-19 CASES PER 100,000	211	-15%
NUCLEIC ACID AMPLIFICATION TEST (NAAT) POSITIVITY RATE	12.0%	+0.6%
NEW CONFIRMED COVID-19 HOSPITAL ADMISSIONS / 100 BEDS	8.1	+37%
RATE OF NEW COVID-19 DEATHS PER 100,000	0.5	-41%
COMMUNITY TRANSMISSION LEVEL	HIGH TRANSMISSION	
PEOPLE RECEIVED AT LEAST 1 DOSE	5,552,095 people	52.9% of total pop.
PEOPLE 18+ RECEIVED AT LEAST 1 DOSE	5,230,207 people	63.9% of 18+ pop.
PEOPLE FULLY VACCINATED	4,670,619 people	44.5% of total pop.
PEOPLE 18+ FULLY VACCINATED	4,441,418 people	54.2% of 18+ pop.

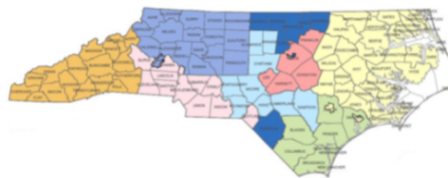
## COVID-19 Variants Detected in North Carolina by Week

Data is from [North Carolina Department of Health and Human Services' COVID-19 Surveillance Study](#). (Data is current as of 8/12/2021 at 4:00pm)



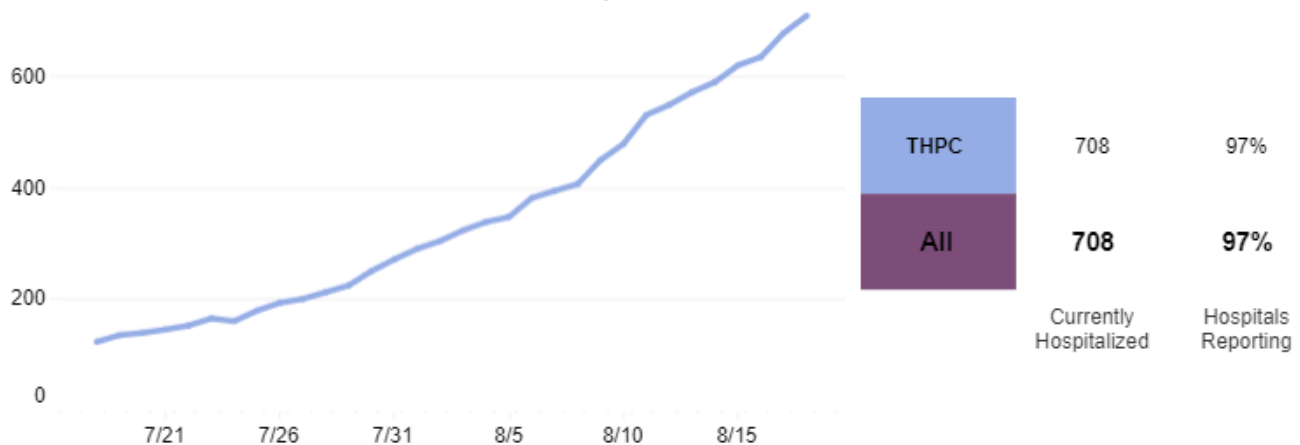
## Regional COVID-19 Hospitalization Data

The hospitalization data reflected includes Watauga County. All hospitalization data is from [North Carolina Department of Health and Human Services' Hospitalization Data Dashboard](#). On August 18<sup>th</sup>, Appalachian Regional Healthcare System (ARHS) released information about how they are responding to the current COVID-19 surge and the impact this is having on the healthcare system. Read the release [here](#). The trend of hospitalizations regionally and statewide shows a steep, rapid increase. (All data is current as of 8/19/2021 at 8:00 am)

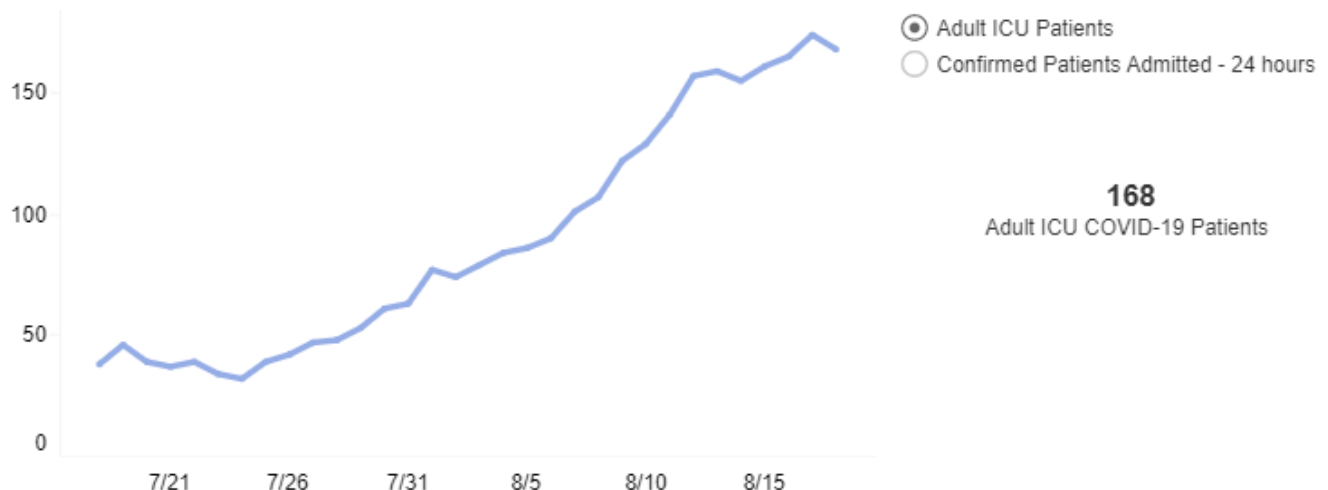


CapRAC - Capital Region Healthcare Preparedness Coalition  
 DHPC - Duke Healthcare Preparedness Coalition  
 EHPC - Eastern Healthcare Preparedness Coalition  
 MAHPC - Mountain Area Healthcare Preparedness Coalition  
 MCRHC - Mid Carolina Regional Healthcare Coalition  
 MHPC - Metrolina Healthcare Preparedness Coalition  
 SHPR - Southeastern Healthcare Preparedness Region  
 THPC - Triad Healthcare Preparedness Coalition

### Currently Hospitalized COVID-19 Patients in Triad Health Preparedness Coalition Region\* (THPC)



### Number of COVID-19 Adult ICU Patients in Triad Health Preparedness Coalition Region\* (THPC)



## COVID-19 Case Updates

Cases to Date in App District (Alleghany, Ashe, and Watauga counties). A breakthrough case is when someone who is fully vaccinated becomes infected. - (All data is current as of 8/19/2021 at 9 am)

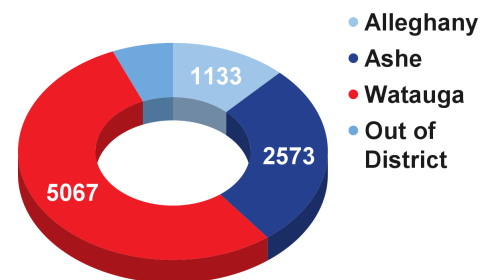


**Breakthrough cases occur in only a small proportion of vaccinated people and the vast majority are avoiding serious illness, hospitalization, or death.**

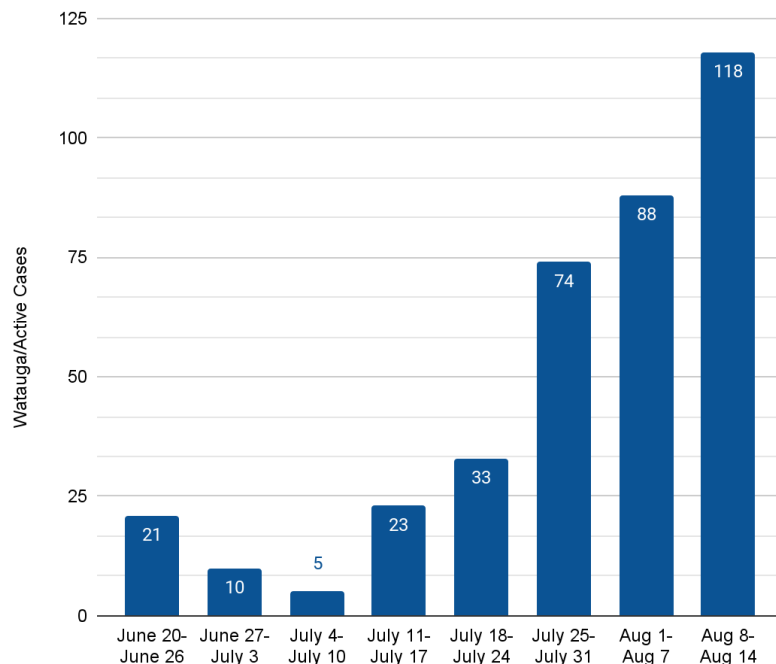
If you have COVID-19 symptoms or have been exposed to someone with COVID-19 (regardless of whether or not you have symptoms), we recommend you be tested.

**AppHealthCare offers free walk-in testing.** Refer to our [website](#) for more information and FAQs regarding getting tested for COVID-19.

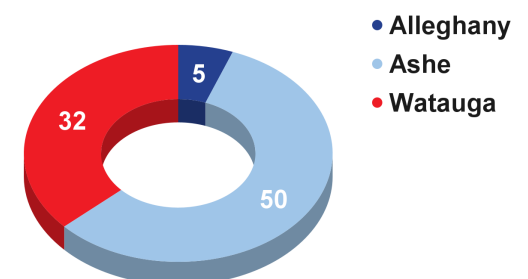
Positive Cases



Watauga Active Cases by Week



COVID-19 Deaths



[Click here to view COVID-19 case and trend distribution by demographic groups for Alleghany, Ashe, and Watauga counties.](#)

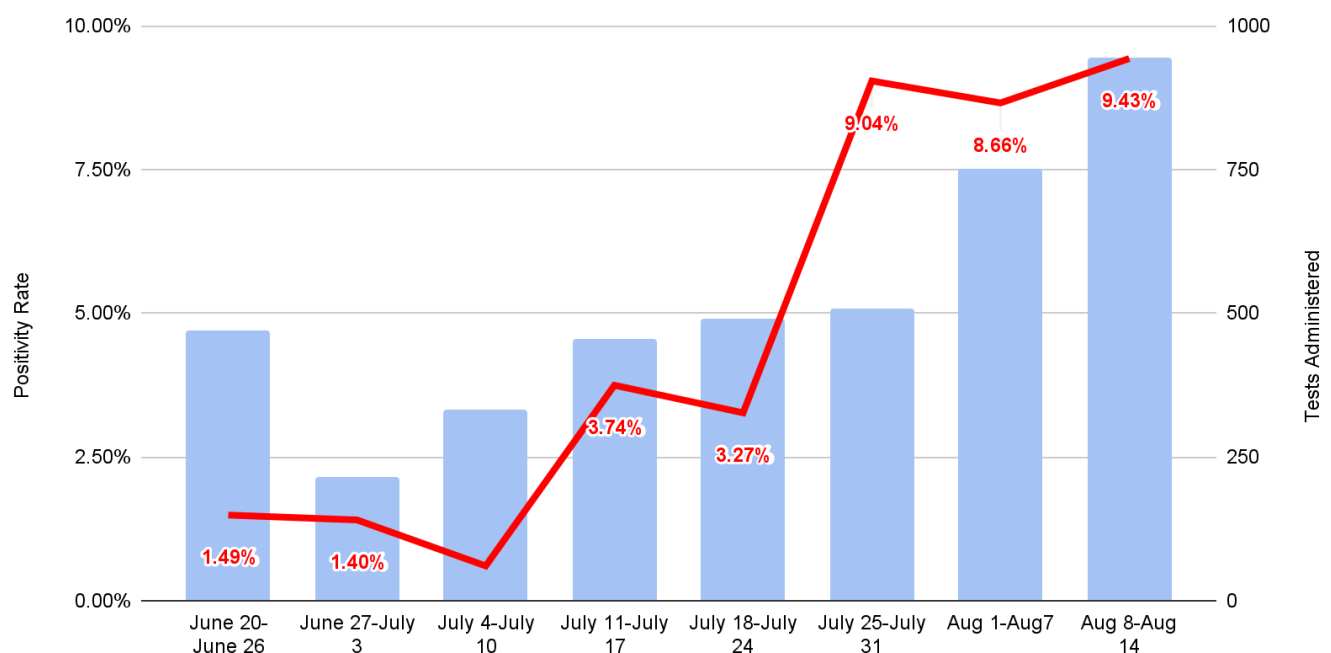
## Watauga County COVID-19 Case Trends

Changes since the Watauga County August 13th Situation Update:



## Tests Administered Vs Positivity Rate

Watauga County



## Active Clusters and Outbreaks in Watauga County

An outbreak is defined as two or more laboratory confirmed cases within a 14 day period in a congregate living setting. A cluster is defined as a minimum of five cases within a 14-day period and plausible epidemiologic linkage between cases. An outbreak or cluster is considered active until 28 days have passed with no newly identified cases. Additional information on the [definitions of outbreaks and clusters](#) is provided by the North Carolina Department of Health & Human Services.

County	Setting Name	Setting Type	Active Cases	Cumulative Cases	Latest Positive Result
Watauga	Watauga County Detention Center	Correctional Facility	0	3	7/30/2021
Watauga	Watauga County Parks and Recreation Summer Camp	Summer Camp	1	11	8/9/2021

*(Cluster and outbreak data is current as of 8/18/2021 at 12pm)*

**Alleghany (336) 372-5641 | Ashe (336) 246-9449 | Watauga (828) 264-4995**

**AppHealthCare COVID-19 Message Line: (828) 795-1970**

**General COVID-19 Questions: [preparedness@apphealth.com](mailto:preparedness@apphealth.com)**

**Media inquiries: [media@apphealth.com](mailto:media@apphealth.com)**

**[www.AppHealthCare.com](http://www.AppHealthCare.com) and follow us on Facebook & Twitter**

