



Academy

**Elevating Clinical Practice
In Permanency**

Learning Objectives:

- Recognize how, when and why to prioritize working with parents and/or family members in treatment.
- Describe clinical assessment tools and techniques for working with parents and/or family members.
- Explore family therapy interventions for adoptive/kinship/birth family constellations

Timed Agenda:

Session One-Introduction and Assessment

- a. Introduction-30 minutes
 1. Framework
 2. Definitions
 3. Purpose and need
- b. Considerations of Family Therapy with Adoptive Families- 30 minutes
- c. Assessment -60 minutes
 1. Who to include, when and why
 2. Approach
 3. Therapeutic interventions for assessment
 4. Activity-practice with 1 of 3 activities for assessment

Session Two-Working in Session

- a. Parent sessions-60 minutes
 1. Strengths-5 minutes
 2. Biases-10 minutes
 3. Challenges-15 minutes
 4. 2 part Activity on strengths and challenges-15 minutes each part
- b. Family sessions-60 minutes
 1. Discussion/activity/debrief on 2 parent family dynamics-30 minutes
 2. Discussion/activity/debrief on sibling dynamics-30 minutes



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Session Three: Specialized Population Considerations

- a. Working with extended family members -40 minutes
 - 1. Strengths/Biases/Barriers-10 minutes
 - 2. How to assess-10 minutes
 - 3. Options to address-20 minutes
- b. Working with birth/first/former families-40 minutes
 - 1. Strengths/Biases/Barriers-10 minutes
 - 2. How to assess need for therapeutic work-10 minutes
 - 3. Options to address-20 minutes
- c. Activity and debrief on including birth parent-30 minutes
- d. Course Wrap Up and Evaluation-10 minutes