

# 1.25.19 - Être Community Resources



## **City Surf Special Offer to LFNO Families and Teachers**

Lycée staff and parents can use code **LFNO** at checkout to receive 15% off any package! This includes our Intro Membership, which is only \$79 for 30 days of unlimited classes. Want to learn more, check out: <https://www.citysurffitness.com/>. It's a great deal! Take advantage now!

Book & buy online: [www.tinyurl.com/citysurfnola](http://www.tinyurl.com/citysurfnola)

## **Annual Louisiana Brain Bee Competition**

My name is Sarah McLennan, Youth Outreach Chair of the **Tulane University Neuroscience Association**, and I wanted to let you know about a unique opportunity for your **high school students in grades 8-12** (age 13 or higher). **Tulane University is holding its Annual Louisiana Brain Bee Competition on Saturday, February 2nd, 2019 from 11:00 am-3:00 pm**, and we would like to invite your students to participate in a free, fun morning that includes brain activities, a lab tour, lunch, and a competition!

The Brain Bee is a live Q&A competition that tests the neuroscience knowledge of 8th-12th grade students. Winners will receive prizes and the first-place winner will be sponsored to compete in the 2019 National USA Championship in March 15th-17th (location TBD) to compete for a spot in the International Brain Bee in Berlin this summer, in which winners receive cash prizes or a paid summer neuroscience fellowship. The Brain Bee is a prestigious competition with over 160 chapters in 40 countries across the world.

Participation in the Brain Bee is an awesome opportunity for students to not only boost their resume but also to learn more about the university experience, network with Tulane professors and students, and have fun! Along with the competition there will be lab tours and activities, including an opportunity for students to interact with real human brains, see current cutting-edge research, and eat free pizza.

The competition questions are all derived from Brain Facts, which is free for students to download, and can be accessed here:

<http://www.brainfacts.org/the-brain-facts-book>

Here are some sample questions from the International Brain Bee:

[https://docs.wixstatic.com/ugd/7c6402\\_c613b8d86336490eac1b559376fda187.pdf](https://docs.wixstatic.com/ugd/7c6402_c613b8d86336490eac1b559376fda187.pdf)

Please have interested students register for the Brain Bee here.

Participating students will be required to have their parents sign a consent form in order to participate, and it will be emailed to them upon registration.

If you would like more information, or would like us to come talk to your school about the competition and helping them prepare, please email me at [smclennan@tulane.edu](mailto:smclennan@tulane.edu) - we would love to come get students engaged!

## **Church's Karate Academy - 4 Hours of Freedom**



Church's Karate Academy

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### **4 Hours of Freedom!**

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**\$20 -- 5PM-9PM  
-- FOOD/DRINKS  
INCLUDED**

#### **SIGN UP ONLINE**

Everyone that you can now sign up for the Parent's Night Out online (or you can still sign up on the sheet in the lobby). We have about 30 spaces left for the Parent's Night Out this Saturday (January 26th)!

Drop off your kids at 5pm and go have some fun! They'll enjoy a rotation of age appropriate games, drills, crafts, a karate lesson, and pizza and drinks...all topped off with a wall-sized movie and popcorn! We will probably be watching Incredibles II that night.

Normal clothes are fine...they only need to bring a great attitude. They CAN bring a water bottle that can be refilled as well.

Register at the link above or sign up in person on the sheet hanging in the lobby. There is no experience necessary so spread the word and sign up some friends and family too!

## **Girls Who Code - Summer Immersion Program**



**SUMMER IMMERSION PROGRAM**

Dear Friend of Girls Who Code,

### **Our 2019 Summer Immersion Program** **application is now OPEN!**

The Girls Who Code Summer Immersion Program is a **FREE 7-week** introductory computer science program for 10th-11th grade girls going into their junior or senior year of high school. During the 7-week program, girls learn about computer science, gain exposure to technology careers, and join a sisterhood of girls who are using computer science to become change-makers in their community.

**We also offer stipends of up to \$1,400 to cover transportation and living expenses to those who qualify.**

**[LEARN MORE](#)**