

Quarantined with COVID-19 or home awaiting test results?

*Meals On Wheels can help with
no-contact weekly meal delivery!*

During the COVID-19 pandemic, Meals On Wheels is serving Sheboygan County residents of all ages who need to isolate at home. We deliver a variety of meals made by Meals On Wheels' culinary staff using ingredients fresh from our gardens. The meals are flash frozen and delivered in bulk once a week by a masked volunteer who will call and let you know your meals are on your doorstep waiting for you take inside.

When are meals delivered?

Meals are delivered between 10 a.m. and noon or 12:30 and 2:30 p.m. Monday, Wednesday **or** Friday. The day and time of delivery depends on where you live.

What is the cost?

The cost is \$6.50 per meal with a minimum delivery of three meals per week.

What is included?

We serve everything from brats and beer battered cod to beef stroganoff and fiesta chicken. Each meal includes:

| | | |
|-----------|---------|---------|
| protein | starch | 1% milk |
| vegetable | fruit | |
| bread | dessert | |

What areas do you serve?

We deliver meals throughout all of Sheboygan County.

What if I have food allergies, or need a special diet?

We can accommodate certain food allergies, and we offer a variety of medically tailored diets including: Heart Healthy, Controlled Carb, Renal, Bland, Lactose Free and Gluten Free (meals are prepared in areas where allergens may be present).

How do I order meals?

Call us at 920-451-7011.



1004 S. Taylor Drive • Sheboygan, WI • 920-451-7011
www.FreshMealsOnWheels.org

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