



10/27/21 FALL FLING VIDEO RHYTHMIC MESSAGE INSTRUCTIONS

FROM ERIN HOWDEN

- The video message can be rhyming (or not), about what you have been up to and/or it can be a fun shout-out to everyone...I will leave the content and performance creativity up to you. **Please speak to the beat of the track as explained below.**
- Please do your video recording with video **and** audio combined, chanting/cheering your words. (You can do this recording over Zoom if you do not have another recording device that will work for you.)
- It is important your words are spoken to the **rhythm** of the beat track I have provided via this link:
<https://drive.google.com/file/d/1dWJZShKDxsL5H0IKApdkeWiaZgIMurFC/view?usp=sharing> .

The track is a straightforward beat track to ensure that what you record will be in the right timing. Please ensure your video recording is 8 bars in length at 4 beats to the bar (**32 counts altogether**). The guide track has 36 beats as there is a 4-beat leader at the front of the track to prep you.

- PLEASE HAVE THE BEAT TRACK PLAYING IN YOUR EAR **SO THE VIDEO IS A RECORDING OF ONLY YOUR WORDS/CHANT/RAP/ CHEER PERFORMED TO THE BEAT.** I SHOULD **NOT** BE ABLE TO HEAR THE BEAT TRACK ON YOUR RECORDING. During editing, I will add a full beat track at the end, so it is critical that I only hear and see you on the recording **without** the audible beat included.
- **Please have everything requested above consolidated into one folder for your chorus and forwarded NO LATER than Monday, October 18 to Joanne Mitchell at jmmitchell72@gmail.com.**

- If you have any questions or need help, please do not hesitate to contact **Joanne Mitchell, Ashaya Babiuk** at ashaya.babiuk@gmail.com, or me at erin.howden@rogers.com.