



Garland Independent School District

DATE: July 29, 2022

TO: Middle and High School Principals and Assistant Principals

FROM: Renee Kotsopoulos, Director Health Services

RE: Health and Safety Assessments

The information provided in this document is meant to ensure administration has an understanding of the nursing process in regards to performing Health and Safety Assessments. Health Services does **not** complete impairment assessments.

There are many factors that can precipitate a student to exhibit a change in normal health processes: emotional, physical, and/or mental. In an effort to provide a safe and effective school environment for all students and staff, it sometimes becomes necessary to remove a student from the classroom and to make an objective assessment of that student. It is in the student's and District's best interest that the assessment and documentation be consistent and non-judgmental. The Garland ISD Health and Safety Assessment provides a mechanism for both. The data from the assessment will aid the school RN, campus administrators, and parents in determining:

1. Is an intervention necessary?
2. The nature of the help needed.

The assessment may be valuable as an initial statement along with other input to determine student needs. It is not intended as the definitive diagnosis of a student problem.

With that being said, please do not ask your nurse to speculate about drug usage. If the student does not require medical attention and is not acting abnormally, a health and safety assessment may not be warranted.

Please reach out with any questions you may have.

Renee Kotsopoulos, RN

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