

Are you caring for a loved one with Alzheimer's or Dementia and need a break?

IN-HOME RESPITE PROGRAM



Trained Respite Companions from the Center come to your home to provide a two-hour session of stimulating cognitive activities for your loved one with Alzheimer's or a related dementia. The respite worker's visits allow you, the caregiver, to have some much-needed time to tend to your own needs (i.e.: food shopping; attend medical appointments; visit with a friend; etc.).

This program is available to Nassau County residents caring for an individual with Alzheimer's disease or a related dementia, and is made possible with funding from the Nassau County Office for the Aging, New York State Office for the Aging, and the U.S. Administration on Aging.

Please note: The respite program is a social activities program and not a healthcare service. The Center's programs and services are available to all eligible individuals without regard to race, color, national origin, religion, gender, sexual orientation, marital status, age, or disability.

For more information, please contact:
Melissa Katz, LCSW, Director of Caregiver Services at 516-767-6856 ext.14

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