



Caregiver Trainings

Caregivers play a vital role in supporting and coping with a loved one's diagnosis. **Caregiver Trainings** offer innovative techniques, tools and valuable insight to help improve the quality of life for both caregivers and their loved ones. At the LIAD Center, we bring the community to you — receive the education you need, while your loved one conveniently participates in our day programs.

February 19th 2:15-3:15pm

Caring for Your Loved One with Proper Body Mechanics, presented by Fox Rehab and Caring People

March 25th 2:30-3:30pm

Giving a Gift from the Heart, discussion about legacy giving, palliative and hospice care, presented by Good Shepherd Hospice/Catholic Homecare

April 2nd 2:30-3:30pm

Effective Communication Strategies, presented by the Alzheimer's Association

April 14th 2:15-3:15pm

Community Medicaid and Estate Planning with Melissa Negrin-Weiner, Esq. from Genser Cona Elder Law

May 4th 2:15-3:15pm

Discussion on Memory Care facilities on Long Island provided by Chaim Eliash with Care Patrol

May 12th 12-3pm

Free 30 min. elder law consultations with Melissa Negrin-Weiner, Esq. from Genser Cona Elder Law. (Must attend 4/14 training. Sign-up required—contact Melissa Katz to schedule timeslot)

**All trainings are held at the LIAD Center.
Registration Required. Contact Melissa Katz, LCSW at
(516) 767-6856 x.14 or mkatz@lidementia.org**