



Caregiver Retreat

Caregivers play a vital role in supporting and coping with a loved one's diagnosis. Join us for a caregiver retreat day to receive the self-care you deserve and need, not only to fulfill the best quality of life for yourself, but also your loved ones.

10:00 AM - Arrival, Sign-In

10:15 AM - Welcome

10:30 AM - Canvas Painting Workshop

11:30 AM - Lunch Buffet

1:00 PM - Yoga Class

1:30 PM - Conclude

Wednesday, March 11th
at Brandywine Living at
Huntington Terrace
(70 Pinelawn Rd, Melville, NY 11747)

CALL TODAY to register! (516) 767-6856



Provided by:



BRANDYWINE LIVING
at Huntington Terrace

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