

# JOIN US FOR FRIENDUARY!



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BUREAU OF STUDENT WELLNESS AND NUTRITION, NH DEPARTMENT OF EDUCATION.

## WHAT IS FRIENDUARY?

February seems to be a time when young people's friendships get tested the most, which is why the OTA team has renamed February, FRIENDUARY! In this webinar, you will learn about the power of trusted adults, and the opportunities we have to positively influence the healthy friendships of our children and students. Learn the ABC's of relationships, the 4C's of friendship, and receive a free quiz and downloadable on Who friends and Whoa friends!

[REGISTER HERE](#)

## DETAILS:

When: Tuesday, February 8th, 7pm

Where: Zoom

Who: Any and all trusted adults in young peoples' lives

