



Gross Jr. Cougars Wrestling

2026/2027 Season

- Location – Gross High School Wrestling room (SE corner on backside of school)
7700 S. 43 St. Bellevue, NE 68147
- Registration - \$135 per wrestler (Novice and Advanced)
- T-shirt and shorts will be issued
- All wrestlers MUST be registered to participate in practice
- First Day of practice:
Advanced (3 or more years of wrestling) Nov. 16
Novice (1st or 2nd year) Nov. 17
- Advanced practices are Monday, Tuesday, and Thursday 6 – 7:30
- Novice practices are Tuesday and Thursday 6-7
- Wrestlers are responsible for bringing water bottles to practice
- Tournaments – Parents are responsible for all tournament registrations
- Singlets will be given out prior to first tournament

Registration can be paid through Venmo or bring payment along with registration form to the first practice.

Please contact Coach Minardi with any questions

Shane Minardi 402-679-6839 or Shaneminardi@icloud.com

JR. COUGAR WRESTLING

Make Checks out to: **Jr. Cougar Wrestling**
For additional information contact:
Shane Minardi, Club President
Cell # 402-679-6839, Shaneminardi@icloud.com
Justin Hampton, High School Varsity Coach
Cell # 402-660-7636, paver-designs@cox.com

Payment must be paid in full at registration, unless payment plan is made.

2026/2027

REGISTRATION FORM (PLEASE PRINT)

WRESTLERS NAME _____
LAST FIRST M.I.

STREET ADDRESS _____ HOME PHONE _____

CITY _____ STATE _____ ZIP _____ PARENTS E-MAIL _____

MEDICAL CONDITIONS _____ WEIGHT _____

YEAR'S OF EXPERIENCE _____

BIRTH DATE: _____ - _____ - _____ AGE: _____ GRADE _____
Month Day Year

Father or Guardian

Mother or Guardian

NAME _____ NAME _____

HOME PHONE _____ HOME PHONE _____

CELL PHONE _____ CELL PHONE _____

Size:

T-Shirt _____ Shorts _____

I/We, the parents or guardians of the above-named child hereby give my/our approval to participate in any and all league activities. We assume all risks and hazards incidental to such participation, including transportation to and from the activities. I/We hereby waive, release, absolve, indemnify and agree to hold harmless the Gross Catholic, Jr. Cougar wrestling organization and/or its affiliated organizations, sponsors, participants and persons for any claim arising out of an injury to my/our child, whether the result of negligence or from any other cause. I/We further acknowledge that Gross Catholic, Jr. Cougar wrestling and/or its affiliated organizations do not provide medical insurance for players/participants. I/We will furnish a birth certificate for The above-named child to league officials if requested. ***There will be NO REFUNDS granted!***

Parent or Guardian Signature: _____ Date: _____

(NO REFUNDS)

☐ Novice-\$135.00

☐ Advance-\$135.00

*** All advance wrestlers may need to purchase a USA and/or AAU Wrestling Cards, depending on tournaments wrestled.

*** Wrestlers MUST be registered in Kindergarten or 6 years of age. *** Exceptions may be made if dad is approved/to help coach.

***All coaches must have had "Safe Environment" & Concussion training prior to coaching- Coaches will be determined by Club President.

____ I authorize my name/ child's name, address and phone number to be published in the club directory
____ I do not want my name/child name, address or phone number to be published in the club directory.

DATE PROCESSED:

AMOUNT:

CHECK OR RECEIPT #:

RECEIVED BY:

Gross Jr Cougar Wrestling

@Grossjrcougarwrestling



venmo