



# September is Suicide Prevention Month At Gross Catholic - YOU MATTER!

For Help: Call or Text 988  
Or  
Text HOME to 741741

Counselor-Mrs. Mac is always available to help! Stop by and see me anytime!

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## September 25th

We are eating lunch OUTSIDE on the grass outside the main doors (by the flagpole)

### Lunch on the Lawn!



## Let's Celebrate God's Creation, Friendship, and Life

Bring blankets to sit on!

Bring your own drink!

You can bring a sack lunch for **FREE**

OR

Buy a Chick Fil A lunch for \$6

(sandwich and chips, dessert will be provided)

If you want 2 sandwiches, you can buy 2 lunches!



There will be no other hot lunch vendor on this day!

Buy your lunch ticket from Mrs. McNamara on Sept 17,18,19,20,

They will be at a table at lunch or you can see Mrs. McNamara during your free in her office!

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Every year, millions of Americans are directly affected by more than 44,000 suicides and hundreds of thousands of suicide attempts made by friends or loved ones. Suicide is preventable! More information is coming on how you can recognize warning signs and offer help!