



■ critical incident stress recovery®

Our premier service strengthens drivers for health, safety, and performance. In an operational environment that is fast-paced, unpredictable, and requires flawless execution, being at your mental and physical peak is critical for success. Unrecovered stress leads to fatigue, impaired decisions, accidents, poor health, increased risks for psychological conditions, and turnover.

■ physiology of operational excellence

advanced assessments and tools for progress

- stress response
- recovery
- fitness
- resilience
- sleep quality
- workload analysis



■ custom training / confidential coaching

renew capacities and strengthen human capital

- maximize energy, stamina, and vitality
- enhance focus, attention, memory, and problem solving
- build team cohesion and engagement
- optimize health and performance

■ solution focused

Our state-of-the-art technology and scientific process close operational gaps, reduce liabilities, and create results that matter. Renovo Advantage is the leader in physiology-based resilience and performance training for elite sports teams, military, law enforcement, and key personnel in corporations. We are the go-to source if you want your employees to show up, have the energy to meet demands, make good decisions, work safe, and perform well.

