

Are you a veteran or service member dealing with posttraumatic stress? Participate in a web-based treatment study.



"Are you interested in alleviating your PTSD symptoms and reengaging with your life?"




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Share Study


See if you qualify

 **Age:** 18 - 65

 **Gender:** Any

 **Keywords:** PTSD, Active-Duty Service, Web-based treatment

 **Type:** Web-based treatment study

 **Target:** 60 Participants

Investigator:



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Description

Do you...

- Avoid activities
- Have relationship problems
- Have difficulties sleeping
- Experience flashbacks or nightmares
- Feel jumpy or startle easy
- Feel detached or disinterested

You may be eligible to participate in a research study. The study studies one of the leading PTSD treatments, called Prolonged Exposure, delivered through a therapist-supported Web-based program that can be completed at home.

This is a STRONG STAR study. STRONG STAR is a research consortium funded by the U.S. Department of Defense's Psychological Health and Traumatic Brain Injury Research Program to develop and evaluate the most effective early interventions possible for the detection, prevention, and treatment of combat-related PTSD in active-duty military personnel and recently discharged veterans.

STRONG STAR investigators hope to improve countless lives by preventing the onset of chronic PTSD in a new generation of veterans.

This study requires **See if you qualify**

- Access to internet
- Desktop or laptop operating Windows 7 or higher/Mac El Capitan or higher

The study involves 10 self-directed sessions (45-60 mins each) and three calls with a therapist.

Who can participate

- OIF/OEF/OND veterans or active-duty personnel
- Ages 18 to 65
- Currently experiencing symptoms of PTSD

If so, you may be eligible for this study offering treatment at no cost.

Schedule

Study duration and period

This study takes about 9 weeks

Contact

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Have any questions or want to learn more? Leave your contact details below and the research team will reach out to you.

See if you qualify