



Seniors At Home
Better Care Starts Here

Dementia Series: Caring for Those You Care About

Two workshops to enhance quality of life for you and your loved one who has dementia.

Palliative Care: A Pathway for Being with Those with Dementia

Explore how palliative care, which focuses on reducing suffering for those with serious illness, can maximize quality of life for your loved one with dementia and for family members. Learn how to navigate health care choices and advocate for your loved one through changes in health and cognitive ability.

Led by:

Redwing Keyssar, RN, BA, Author, Director of Palliative Care at JFCS' Seniors At Home

Andrea Korsunsky, BSW, Director of the Center for Dementia Care at JFCS' Seniors At Home

WHEN: Tuesday, Apr. 24; 10am – 12pm

COST: \$30

REGISTER: www.seniorsathome.org/pathway

Dementia Decoded: Practical Strategies for Family Caregivers

Learn specific, practical strategies for maintaining a meaningful connection with your loved one who has dementia. We will focus on day-to-day communication and care techniques that enhance your loved one's strengths and fulfill their basic human need to feel valued.

Led by:

Andrea Korsunsky, BSW, Director of the Center for Dementia Care at JFCS' Seniors At Home

WHEN: Tuesday, May 8; 10am – 12pm

COST: \$30

REGISTER: www.seniorsathome.org/decoded

WHERE: Peninsula Jewish Community Center (PJCC), Foster City
(Attend one or both workshops)

Seniors At Home is the leading provider of senior care in the Bay Area, call 650-931-1860 or visit www.seniorsathome.org for more information.

A Division of Jewish Family and Children's Services • San Francisco • Peninsula • Marin • Sonoma County

HHA License 220000378