



Winter Skills Training

Power Volleyball is pleased to announce the start of our new Winter Skills Training. Open to the 12's-18's age groups wanting to get extra skills training during the club season.

Each session is independent and will focus on a specific skill.

The program is open to club members and non members.

Limited spots available so register now!



Open To Ages 12-18's, Boys, Girls

Beginner To The Advanced Athlete's

Dates Offered

January 29: Hitting

February 5: Defense/Serve Receive

February 12: Setting

February 26: Serving



Two Age Sessions Offered

14 and Under

7:00-8:00 PM

15 and Older
8:00-9:00 PM

Program Cost and Details

\$20 per session (club member)

\$30 per session (non-member)

Practices held at Wester Middle School

12293 Shepherds Hill Ln, Frisco, TX 75035

Register online at www.powervolleyballclub.com

Contact Tony Duenas at tony@powervolleyballclub.com
or call (972)322-4647 with any questions.