


UPDATE

Changes to SNAP Work Requirements Effective May 1

You may have seen or heard that ***SNAP work requirements are changing for some adults starting May 1***. These updates apply only to people who meet the federal definition of an *Able-Bodied Adult Without Dependents* (ABAWD). This generally means ***adults ages 18 through 64*** who are able to work and who do not have a child under age 14 in their SNAP household.

Most SNAP recipients will not be affected by these changes. The Division of Social Services (DSS) has already sent letters to neighbors who may fall under the new requirements. DSS continues to review cases, and eligibility decisions may change based on factors such as pregnancy, medical conditions, caregiving responsibilities, or other qualifying exemptions.

For individuals who are subject to the updated rules, there are ***several ways to stay eligible for SNAP***, including working, participating in an approved training or education program, or completing volunteer hours. ***These activities must be tracked and verified.*** DSS provides guidance to help neighbors understand their options and avoid interruptions in benefits. If you receive a notice or have questions about how these changes may affect you, support is available. For more information go to: <https://www.dss.nv.gov/>

 **SNAP Help and Support: The Food Bank of Nevada's SNAP TEAM** is here to help. Call the SNAP Hotline at **775-331-3663 ext. 152** to get information, talk through your options, or receive help connecting to resources.