

# Vaccines - From A to Z

## FREE Bridgeport Hospital Lecture by Gregory Buller, MD,

Chairman, Department of Medicine and Clinical Professor of Medicine,  
Yale University School of Medicine

Co-sponsored by the Westport Center for Senior Activities

As we age, the immune system slows down, chronic conditions become more common, and the body may be less able to fight off infection.

Vaccines are immunity boosters that help prevent serious diseases at any age. **“Vaccines are not only for kids or teens. If you’re older, you’re at a higher risk for certain vaccine-preventable diseases.”**

Dr. Buller will discuss the shots you may need, when to get them, and why they’re critical for keeping you and your loved ones healthy.

**Tuesday, October 19**

**2:30 - 3:30 pm**

### All are welcome via zoom and in-person at:

Westport Center for Senior Activities  
21 Imperial Avenue, Westport

**Zoom Meeting ID:** 849 7189 4623

**Passcode:** vaccine

Pre-register online at [myactivecenter.com](http://myactivecenter.com) or if you do not have an on-line account, please call 203-341-5099 to register.

*Program will also be recorded to view virtually*

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