



HYGIENE KIT ASSEMBLY

Hygiene Kits are incredibly important for our clients both in the shelter and living on the streets. We ask that you purchase travel-size items or host a donation drive to collect supplies from your personal and/or professional networks.

Once you have all the necessary supplies, you can begin assembling hygiene kits into gallon size Ziploc bags! Each kit should include the following:

Must-Haves:

- Shampoo
- Conditioner
- Body Wash
- Toothbrush
- Toothpaste (can be full size)
- Hand Sanitizer
- Deodorant
- Lotion
- Nail clippers
- Water Bottle

Recommended Additions:

- Sunscreen
- Hand/Face/Body wipes
- Chapstick
- Comb
- Floss
- Mouthwash
- Hair ties
- Razor (disposable)
- Shaving cream
- Pads and tampons
- Toilet paper
- Rain ponchos and hand warmers (during winter!)

P.S. Please do not include a snack in the Hygiene Kit, as the snack tends to pick up the scent of the hygiene products and will go to waste.