

# Energy-saving tips while spending more time at home

During this unprecedented COVID-19 crisis, while so many customers are either working or staying at home more, Gulf Power is sharing useful energy-saving tips that can be easily implemented to help you manage energy use.

<h3>Set it and forget it.</h3>  <p><b>AIR CONDITIONER EFFICIENCY</b> Each degree you raise the thermostat can help you save up to 5% on cooling costs.</p>	<h3>Open door policy.</h3>  <p><b>AIR CONDITIONER EFFICIENCY</b> Keep bedroom and other doors open if possible – closed doors can block the airflow.</p>	<h3>Who left the lights on?</h3>  <p><b>LIGHTING EFFICIENCY</b> Keep lights off in unoccupied rooms. Leaving on lights or a lamp can run up your bill.</p>
<h3>Keep your cool.</h3>  <p><b>AIR CONDITIONER EFFICIENCY</b> Close shades, blinds and drapes to keep the sun's heat out.</p>	<h3>Use fans wisely.</h3>  <p><b>FAN EFFICIENCY</b> When you leave a room, turn off the fan. Fans cool people, not rooms.</p>	<h3>Weekly meal prep.</h3>  <p><b>COOKING EFFICIENCY</b> Make several dishes at a time and use the smallest appliance you need to get the job done.</p>
<h3>Turn off to save.</h3>  <p><b>FAN EFFICIENCY</b> Turn off ceiling, bathroom and kitchen exhaust fans when you leave the room or after use.</p>	<h3>Countertop convenience.</h3>  <p><b>COOKING EFFICIENCY</b> Use the smallest appliance you need to cook – like a slow cooker, microwave or toaster oven.</p>	<h3>Go ahead and unplug.</h3>  <p><b>ENTERTAINMENT EFFICIENCY</b> Make sure TV and systems are turned off or unplugged when not in use.</p>
<h3>Fire up that grill!</h3>  <p><b>COOKING EFFICIENCY</b> Using an outdoor grill instead of the oven can help lower your bill.</p>	<h3>Use Energy Checkup.</h3>  <p><b>START SAVING</b> The online home energy management tool at <a href="http://GulfPower.com">GulfPower.com</a> will provide a report on your energy usage.</p>	<h3>Appliance calculator.</h3>  <p><b>CALCULATE TODAY</b> Use calculator to understand how much energy your appliances use, visit <a href="http://GulfPower.com/save/lower-bill/tips">GulfPower.com/save/lower-bill/tips</a></p>



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Gulf Power understands that these are difficult and unsettling times and is working hard to find ways to help customers get through this. Along with sharing timely tips, the company is also suspending disconnections and providing payment extensions for customers in hardship situations. These policies will remain in effect while Florida is under a state of emergency. If you are experiencing hardship as a result of COVID-19, Gulf Power has resources available at [GulfPower.com/Help](http://GulfPower.com/Help). If you are able to help others who may be in need of assistance, Gulf Power encourages you to donate to the [Project SHARE program](http://ProjectSHARE.org).