

Understanding Mental Stress and Suicide Factors for Today's Youth

Mon. March 25, 2019 | 6p - 8:30p Drew University — Ehinger Center

Join NJTV, New Jersey's public television network, for a public conversation about the symptoms and prevention tactics to help today's young people cope with stress and societal pressures, and how to prevent teen suicide.



NJTV News Correspondent and Anchor Michael Hill will moderate a panel of health professionals, suicide prevention experts, and survivors of suicide loss to discuss the warning signs and risk factors of suicide, and better

identify when it's more than "teen angst".

WHAT: Panel discussion with public Q&A. Information about resources available for those in need (Exhibitor area opens at 5:45 p.m.).

Learn how to help young people deal with everyday pressures related to bullying, social media exposure and other factors that can lead to a mental health crisis.

WHERE: Drew University, Ehinger Center, 36 Madison Ave, Madison, NJ 07940

PANEL: Stuart Green, DMH, LCSW, Dir. NJ Coalition for Bullying Awareness and Prevention and Assoc. Dir. Overlook Family Medicine; Maureen Underwood, LCSW, Nationally recognized Suicideologist and Clinical Advisor, Society for the Prevention of Teen Suicide; Wendy Sefcik, Advocate of Suicide Prevention and Maureen A. Brogan, LPC, ACS, DRCC, Traumatic Loss Coalitions for Youth.

FREE ADMISSION. Walk-ins welcome. Pre-register to guarantee a seat. RSVP by phone at 973-233-8398, by email at betancourts@njtvonline.org or visit www.njtvcommunityforum.eventbrite.com

CAN'T ATTEND? Watch via livestream at NJTVonline - YouTube

If you or someone you know is thinking about suicide, please call the National Suicide Prevention Lifeline at 800-273-TALK (8255).

NJTV's In Your Neighborhood *initiative is made possible* by the Robert Wood Johnson Foundation. The views expressed in the programming do not necessarily reflect the views of the sponsors and partners.

