

R&B LINEDANZ.XERCISE WITH TINA



MONDAYS

**FITNESS CENTER ROOM 7
6:30PM-8:00PM**

**A FUN WAY TO GET EXERCISE AND BURN CALORIES,
IMPROVES CARDIOVASCULAR HEALTH, FLEXIBILITY, AND
STRENGTH**

**FOR MORE INFORMATION, TEXT OR LEAVE A MESSAGE
FOR TINA AT 216-347-4551**

CASH ONLY - DROP-IN \$5.00



1 Monticello Blvd, Cleveland Heights