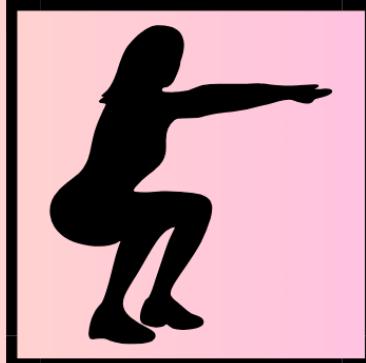


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**Instructor: Pia Alesci**

**Spring into fitness with this 45 minute full-body workout**



**Day: Saturdays**

**Time: 9:15 am - 10 am**

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