



## **Aspire**

The U.S. Figure Skating Aspire program is the bridge between learn to skate group classes and U.S. Figure Skating membership.

Programs are designed to help skaters learn to train like a figure skater. From edge classes to spin pyramids, you'll learn how to warm up like a champion, navigate freestyle sessions and practice on your own.

The Aspire program marks the transition from skater to figure skater and teaches athletes of all ages the skills they need to make the most out of their figure skating journey. From tips for practicing on your own to a repeatable off-ice warm-up, resources from the Aspire program will help you become the best skater you can be.

**Fall 2: Saturdays November 2, 9, 16, 23 and December 7, 14, 21 (Skip Nov. 30)**

**from 9:00 – 9:30am**

**Cost is \$105 for session**

**Registration starts Monday, October 14, 2024 at 9am**

**Register online at [chparks.com](http://chparks.com) or in person at the Community Center**



**Cleveland Heights Community Center Ice Rink**

1 Monticello Blvd, Cleveland Heights, Ohio 44118

chparks.com • Rink desk 216-691-7434 • Front desk: 216-691-7373