

Proclamation

April 20, 2026 as Healthy Teen Brain Day

WHEREAS, our youth are our greatest joy and our hope for the future, so it is necessary for us to support them in making safe and healthy decisions, while creating a supportive environment that safeguards their future; and

WHEREAS, the majority of our youth are making very healthy and safe decisions to remain marijuana-free and providing leadership in their schools and communities to help other youth remain marijuana-free; and

WHEREAS, there is strong objective evidence that marijuana is harmful to the adolescent brain, with the potential to cause distorted perceptions, difficulty with thinking and problem solving, disrupted learning and memory, and impaired reaction time, attention span, judgment, balance and coordination; and

WHEREAS, it is with special pleasure that the Putnam County Youth Bureau, Putnam County Department of Mental Health and Putnam County Legislature join with the youth and adult leaders of the Carmel Communities That Care Coalition in celebrating "Healthy Teen Brain Day" to applaud and support our youth who are making healthy decisions; and

WHEREAS, on behalf of the residents of Putnam County, we are pleased and proud to join all associated with the inception of "Healthy Teen Brain Day" and urge all residents to acknowledge this very important day; now therefore be it

RESOLVED, that the Putnam County Executive and the Putnam County Legislature do hereby proclaim April 20, 2026 to be Healthy Teen Brain Day in Putnam County and proudly join my fellow residents in marking this very special occasion.


Kevin Byrne, Putnam County Executive


Daniel G. Birmingham, Chair, Putnam County Legislature