

## “FEAR”



By Master Tony Rogers

“The Only Thing to Fear is Fear Itself” was a statement made by Franklin D. Roosevelt during his inaugural speech on March 4, 1933. This was when the Great Depression was at its peak. The focus of the 32<sup>nd</sup> president’s statement was how fear can be a deterrent to creativity and growth. Do not allow fear to overcome your ability to progress.

Fear and has been used as a weapon to control the masses for centuries, and it appears that this tactic is being used during the current COVID-19 crisis. The media is a major contributor to fear around COVID-19 and is possibly controlling the emotions of those who rely only on the news. We have seen overwhelming amounts of death tolls of thousands due to this deadly and dangerous virus reported in the news media every day.

However, the media does not focus much on the millions of people testing positive from COVID-19. Currently over 8 million people in New York City do not have COVID-19 based on daily news reports of the number of documented COVID 19 cases. As of 2019 there was approximately 8, 336, 817 people live in New York City.

We do not hear much about the fact that over 90% of COVID-19 deaths were due to pre-existing conditions or very weak immune systems. America has a health problem not a virus problem. However, fear has steered us far from that reality. COVID-19 is dangerous, but it is also selective. I would be interested in a study looking for any common threads between people who are not getting sick from any virus.

COVID-19 is a unique strain of coronavirus but similar to other viruses like the flu and pneumonia (which takes 100s of thousands of lives each year); COVID-19 is selective it pries on weak immune systems in acidic bodies.

Fear is an emotion that can weaken the immune system and overtime become a major contributor to acidity in the body. Anger, hatred, negative thinking about self and others also weakens the immune system making many vulnerable to COVID-19.

We are in the New Age of Aquarius an age of change and it is just beginning. COVID-19 is a tool of that change. A change in the way we think and do things. Nature is selective those who cannot adjust to this new age will experience consequences.

It is important not to allow the sensationalism of COVID-19 make you sick. You might not believe in the astrological predictions of the changes that the world experience in this new age which started in April 2020. But if you consider the possibility that we have entered a new age it might help you understand this current global chaos.

We should no longer allow ourselves to be controlled by the desire to have things return to the way they were, that will never happen but if we learn to adept to change and overcome the fear of the pass, we can develop to a higher level of growth and consciousness. There is a reason for everything. COVID-19 has forced the world to change, but the world is also experiencing a change in old age thinking about humanity.

It would be wise to work towards replacing fear with awareness and self-empowerment. Welcome to the new age of Aquarius makes no difference if you believe it or not.

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