Hello Everyone,

I hope you and your families are well. Please forgive the lateness of this email, we (WTCQ Day committee) are novice and are working to meet the challenges of making WTCQ Day 2017 successful.

Please save the date: **April 29, 2017** which marks the 10th **year** of celebrating the **World Tai Chi & Qigong Day** event in Harlem's historic St. Nicholas Park! The NYC Parks Department has received and approved my application for an event permit for that day. The event will officially **begin at 10:00AM and conclude at 3:00PM**. It will be at the usual location in St. Nicholas Park on the plaza above the downtown subway entrance at 135th Street and St. Nicholas Avenue.

The Harlem WTCQD Committee is currently designing the event format. For those of you who participated in past years, you're invited to join us again to share your expertise and insights about Qigong and Tai Chi with the community. Please reply to this email or call us at (917) 273-6771 no later than Friday, April 14th, 2017, if you are interested in and able to participate in this year's event. If we do not hear from you by that date, we will assume that you are not able to join us and we may not be able to accommodate your participation in this year's event.

Our intent is to make this year's event as interactive and experiential as possible for everyone. Having Grandmaster Derrick Trent's students there last year was great because of the interactions with the children. We plan to include a children's aspect to the event this year and added an extra hour to the venue this year to include this type of experience. The event includes the FREE holistic healing sessions (Reiki, Ki Energy, acupuncture, massage, etc.) we typically have available for the community to experience.

If you are interested and able to participate, please indicate the following in your email reply:

- A. Your name and/or organization as you want it to appear on the promotional materials
- B. The name of your presentation/demonstration
- C. The name of your holistic healing service (i.e., ear acupuncture, massage, Reiki, etc.)

Once I have all of this, I will generate a DRAFT event itinerary for your review and confirmation before finalizing it. Leading up to the event, I will attempt to organize a series of interview promos with WHCR 90.3FM that you can participate in to help draw more interest and participation in the event. I'll keep you posted as this evolves.

I look forward to having you participate!

Regards,

Jana Cunningham

Norman Spiller WTCQ Day Committee Dr. Robert J. Woodbine/Bio Wellness Educator, Director **URBAN Qi** Foundation, Inc. URBAN Qi Fit™ www.urbanqifoundation.org info@urbanqifoundation.org doc@strategiesforoptimumwellness.com (866) 327-2254 Jana Cunningham CYI, CTCAI 718-314-0882