



## DESIGNING YOUR REMARKABLE LIFE TO STAND OUT WITH GRACE AND EASE

### *12 Days of Remarkable Kindness Ideas*

1. Send a text message or make an encouraging phone call to a friend born in December.
2. During your next visit to your favorite coffee spot, pay for the person's order behind you without them knowing.
3. Purchase a \$25 gas card, tape it on a gas nozzle and bless the next driver after you.
4. Take some healthy snacks and beverages to your dentist, eye doctor or family physician and thank them for helping you stay healthy.
5. Send gift cards in the mail to families that you want to bless this holiday season with their gift giving for their children.
6. Cook a meal or do a load of laundry for a friend who's a new mom or is going through a difficult time.
7. Spend time with an elderly family member and let them share with you their favorite holiday memories.
8. Create a holiday gift bag for your neighborhood garbage disposal and recycling crew and give it to them with a huge smile.
9. Be IRL (In Real Life) with a friend by putting your phone away as you spend time with her.
10. Leave your restaurant serve the biggest tip you can afford. Consider giving a 30 to 40% tip.
11. Forgive someone and choose to never bring up the issue again.
12. Bless someone down on their luck with a good meal and listen to their story.