

Faithful Aging Conference



Aging Abundantly

Culpeper Baptist Church | April 2, 2019

PRESENTED BY:



University of Lynchburg
Beard Center on Aging

PINNACLE
LIVING

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AARP Real Possibilities in
Virginia



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VDH VIRGINIA
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OF HEALTH

VIRGINIA
CONFERENCE
THE UNITED
METHODIST
CHURCH
OLDER ADULT COUNCIL

A Faith-Based Conference on Aging

Persons of all faith traditions are invited to come learn, network, and share best ministry practices as we address opportunities related to aging congregations and meeting the needs of older adults, inside and outside the walls of our faith communities.

Keynote Speakers

Opening session: 9:15 AM - 10:30 AM

AGING WITH FAITH, PURPOSE AND ABUNDANCE



**Melissa Andrews, Chief Executive Officer
LeadingAge Virginia**

Closing session 3:00 PM - 4:15 PM

**REMEMBERING YOUR STORY,
SHARING YOUR LEGACY**



**Hess B. "Doc" Hall, Jr., Director of Older
Adult Spiritual Formation Programs
The Upper Room**

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With support from:



Concurrent Session I

EFFECTIVE COMMUNICATION ACROSS THE STAGES OF DEMENTIA

Annie Marrs, Family Services Director, Alzheimer's Association of Central and Western Virginia

VISITING THE HOMEBOUND, SICK OR DYING

Jenny Lucas, Life Enhancement Director, Summit Square Retirement Community

HEALTHY AGING: PROMOTING HEALTH EQUITY ACROSS THE EXTENDED YEARS OF LIFE

Veronica Cosby, Partners in Prayer and Prevention Program Coordinator, Virginia Department of Health, Office of Health Equity

THE POWER OF MUSIC TO ENRICH THE MIND, BODY AND SPIRIT

Becky Watson, MBA, MT-BC, Founder and Owner, Music for Wellness, LLC.

SCAMS AND FINANCIAL EXPLOITATION OF OLDER ADULTS

Genea Luck, Associate State Director for Multicultural Outreach, AARP Virginia State Office

HEALTH MINISTRY SUPPORT FOR OLDER ADULTS AND THEIR CAREGIVERS

Jennifer Williams, Program Manager of Congregation and Community Health, Centra Health

REGISTRATION AND SCHOLARSHIP OPPORTUNITIES

Conference Fee (includes lunch, breaks and conference materials)

Individual Registration	\$50/person
Adults 65 and older	\$40/person
Group Registration (3 or more)	\$35/person

Limited scholarships are available from Pinnacle Living and the Beard Center on Aging. If you are a member of a Virginia UMC congregational team, contact Martha Stokes at 804-474-8718. For all other requests, contact Denise Scruggs at 434-544-8456

To register, see attached Registration Form or register online at www.lynchburg.edu/beard before March 15, 2019. Cancellation policy: Refunds are available minus \$25 handling fee. No refunds granted after March 15, 2019.

Concurrent Session II

WHEN WORDS FAIL: ADDRESSING THE SPIRITUAL NEEDS OF PEOPLE LIVING WITH DEMENTIA

Rev. Kathy Berry, Author and Former Long Term Care, Hospice and Hospital Chaplain

HELPING OLDER ADULTS THROUGH THE MANY FACES OF LOSS & GRIEF

Bill Francavilla, Chaplain, WindsorMeade Williamsburg

Martha Stokes, Director of Church and Community Relations, Pinnacle Living

Suzanne Schmid Spencer, Social Gerontologist and Chair, VAUMC Older Adult Council

CREATING EFFECTIVE PARTNERSHIPS TO FILL GAPS IN SENIOR SERVICES

Carol Simpson, Executive Director, Aging Together

FOSTERING SPIRITUAL CONNECTION AND MEANINGFUL ENGAGEMENT THROUGH MUSIC WITH PERSONS LIVING WITH DEMENTIA AND THEIR CARE PARTNERS

Becky Watson, MBA, MT-BC, Founder and Owner, Music for Wellness, LLC

SPIRITUALITY AND AGING

Rev. Brad Hales, Pastor, Reformation Lutheran Church, Culpeper

Director of Domestic Mission, North American Lutheran Church

UNDERSTANDING & NAVIGATING SENIOR SERVICES

Andrea Jones, APS Division Regional Program Consultant,

Virginia Department of Aging and Rehabilitative Services

Raymond Parks, Director of Aging and Transportation Division,

Rappahannock Rapidan Community Services

Bonnie Scimone, Community Specialist, Virginia Navigator Family of Websites

CERTIFICATES OF ATTENDANCE AND CEUS

- All participants will receive a certificate of attendance at the end of the day for 5 contact hours.
- 0.5 Continuing Education Unit has been approved by the Virginia Conference UMC Center for Clergy Excellence and Board of Ordained Ministry.

EXHIBITOR AND VOLUNTEER OPPORTUNITIES

The exhibit area will be open 8:00 a.m. - 3:15 p.m.

- New exhibitors and sponsors are welcome. Contact Denise Scruggs for additional information.

Interested in volunteering?

- Contact Martha Stokes: 804-474-8718, mstokes@pinnacleliving.org
or Denise Scruggs: 434-544-8456, scruggs.dr@lynchburg.edu

SCHEDULE AT A GLANCE

8:00 - 9:00 a.m.	Registration
9:00 - 9:15 a.m.	Welcome
9:15 - 10:30 a.m.	Keynote
10:30 - 11:00 a.m.	Refreshments/Exhibits/Networking
11:00 - 12:15 p.m.	Session One: Concurrent Sessions
12:15 - 1:30 p.m.	Lunch
1:30 - 2:45 p.m.	Session Two: Concurrent Sessions
2:45 - 3:00 p.m.	Refreshments/Exhibits/Networking
3:00 - 4:15 p.m.	Keynote
4:15 - 4:30 p.m.	Closing

LODGING INFORMATION

A limited number of rooms are available under a special block for the night before the conference (Monday, April, 1).

CULPEPER INN (BEST WESTERN)

791 Madison Rd. | Culpeper, VA 22701 | 540-825-1253
 \$89.99/night plus tax*

*To receive discounted conference rate, book before March 1 and identify yourself as a Faithful Aging conference attendee (group code PINLV).

HOLIDAY INN EXPRESS AND SUITES

787 Madison Rd. | Culpeper, VA 22701 | 540-825-7444
 \$109.00/night plus tax**

**To receive discounted conference rate at this hotel, book before March 1 and identify yourself as a Faithful Aging conference attendee. If reserving online, use code FAC at www.hiexpress.com/culpeperva

CONFERENCE VENUE

CULPEPER BAPTIST CHURCH

318 S. West Street | Culpeper, VA 22701
 For directions, go to www.culpeperbaptist.org/directions



2019 Faithful Aging Conference Registration Form

You may also register online at www.lynchburg.edu/beard

First Name _____ Last Name _____
Position/Title _____ Organization/Church _____
Street Address _____
City _____ State _____ Zip _____
Phone _____ Fax _____ Email _____
How did you hear about this program? _____

Do you have special dietary requirements? vegetarian gluten free other: _____

Please check the appropriate box below and submit payment and registration form by March 15, 2019.

Conference Fee (includes lunch, breaks, and all conference materials):

- Individual Registration \$50/person
 Adult Age 65 or Older \$40/person
 Group Registration (3 or more from a church/organization) \$35/person
Each person in the group must complete a separate registration form.

Please indicate which concurrent session you wish to attend for **each** period by checking the appropriate box(es) below. Please check only **one** box for each session. Workshops will be filled on a first-come, first-served basis.

Morning Concurrent Session-11:00am-12:15 pm

- ___ Effective Communication Across the Stages of Dementia
___ Visiting the Homebound, Sick or Dying
___ Healthy Aging: Promoting Health Equity Across the Extended Years of Life
___ The Power of Music to Enrich the Mind, Body and Spirit
___ Scams and Financial Exploitation of Older Adults
___ Health Ministry Support for Older Adults and Their Caregivers

Afternoon Concurrent Session-1:30-2:45 pm

- ___ When Words Fail: Addressing the Spiritual Needs of People Living with Dementia
___ Helping Older Adults Through the Many Faces of Loss and Grief
___ Creating Effective Partnerships to Fill Gaps in Senior Services
___ Fostering Spiritual Connection and Meaningful Engagement Through Music with Persons Living with Dementia and Their Care Partners
___ Spirituality and Aging
___ Understanding and Navigating Senior Services

Please be aware that by participating in the Faithful Aging Conference, your photo likeness may be used, without compensation, in any and all media to report on the event for sponsoring and participating groups and to advertise future events. Your name would only be listed with your written consent.

If you would prefer NOT to have any identifying photos used, check here. _____ Initial

Your name and contact information will be retained by Faithful Aging organizers, the Beard Center on Aging at the University of Lynchburg and Pinnacle Living, for notification of future educational and training events.

If you would prefer NOT to receive future mailings, check here. _____ Initial

Please make checks payable to: **Pinnacle Living**. Return form and payment by **March 15, 2019** to:

Pinnacle Living
ATTN: Faithful Aging Conference
5101 Cox Rd #225
Glen Allen, VA 23060

Funds received over and above the actual cost for presenting the event will be carried over by the Beard Center on Aging and Pinnacle Living to support future events.