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# Implicit Bias and Its Affect on Healthcare Outcomes

**When: 12:30-2:00 PM**

**February 26:** Historical and Institutional Racism

**March 5:** Historical Trauma and Epigenetics

**March 12:** Discipline within African American Families

**March 19:** Attachment in Inter-generational Trauma

**March 26:** Moving Forward in Collective Trauma: COVID-19

**Where: Zoom**

<https://centerstone.zoom.us/j/97395585760>

Meeting ID: 973 9558 5760

## Presenter: Ingrid Cockhren, M.Ed Epigenetics

Dr. Cockhren is currently an adjunct professor at Tennessee State University specializing in developmental psychology, abnormal psychology and personality theory, as well as the Tennessee Midwest Regional Community Facilitator for ACEs Connection.

Dr. Cockhren graduated from Tennessee State University with a B.S. in Psychology and Vanderbilt University's Peabody College with a M.Ed. in Child Studies, specializing in minority and impoverished children. Her research areas include African American parenting styles, Adverse Childhood Experiences, historical trauma and inter-generational transmission, brain development, developmental psychology and of adverse childhood experiences.

Ingrid has dedicated her professional life to investigating and educating the public about the link between early trauma, early adversity, adverse childhood experiences (ACEs) and possible negative outcomes across the lifespan.

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### About Centerstone

Centerstone is a not-for-profit health system providing mental health and substance use disorder treatments. Services are available nationally through the operation of outpatient clinics, residential programs, the use of telehealth and an inpatient hospital. Centerstone also features specialized programs for the military community, therapeutic foster care, children's services and employee assistance programs. Centerstone's Research Institute provides guidance through research and technology, leveraging the best practices for use in all our communities. Centerstone's Foundation secures philanthropic resources to support the work and mission of delivering care that changes people's lives.

