Community Events:

KIDS NIGHT OUT

Drop the kiddos off from 6-10pm for a night of fun and food to take advantage of the free adult time. Ages: Potty trained to 10 years old.

\$15 for the first child \$10 for each additional child Please register by the previous Wednesday.

March 2nd: Bear Necessities Movie: Terrible, Horrible, No Good Very Bad Day

March 16th Theme: Frying Pans! Who Knew? Movie: Tangled

CHILD WATCH:

Child watch is only offered during fitness classes. Please call or email 48 hours in advance to sign your child up, so we can have staff available. 720.870.2221 southshore@denverymca.org

CUB CLUB

Cub Club is the third Thursday of each month and is offered to kids ages 3-10. Register at the event or at the Southlands Management Office.

Easter Eggstravaganza:

Come out and enjoy some Easter treats and an egg hunt at the Lakehouse from 1-3pm



March 2018

Southshore 27151 East Lakeview Drive Aurora, CO 80016 720-870-2221

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
				Strength Conditioning &Core 10:15am-11:15am	2 *Kids Night Out 6-10pm at the Lakehouse	Nia 9am-10am
4	Yoga 9:30- 10:30am Yogalates 11:00 am -12:00 pm	Strength Conditioning &Core 10:15am-11:15am Cardio Sculpt 6-7pm Yoga 6-7pm	7 Yogalates 11:00 am -12:00 pm	Strength Conditioning &Core 10:15am-11:15am	9	Nia 9am-10am
11	Yoga 9:30- 10:30am Yogalates 11:00 am -12:00 pm	Strength Conditioning &Core 10:15am-11:15am Cardio Sculpt 6-7pm Yoga 6-7pm	14 Yogalates 11:00 am -12:00 pm	Strength Conditioning &Core 10:15am-11:15am CUB CLUB 4-5pm@ Beyond the Blackboard	*Kids Night Out 6-10pm at the Lakehouse	Nia 9am-10am
18	Yoga 9:30- 10:30am Yogalates 11:00 am -12:00 pm	Strength Conditioning &Core 10:15am-11:15am Cardio Sculpt 6-7pm Yoga 6-7pm	21 Yogalates 11:00 am -12:00 pm	Strength Conditioning &Core 10:15am-11:15am	23	Nia 9am-10am Easter Event @ the Lakehouse 1pm-3pm
25	Yoga 9:30- 10:30am Yogalates 11:00 am -12:00 pm	27 Strength Conditioning &Core 10:15am-11:15am Cardio Sculpt 6-7pm Yoga 6-7pm	28 Yogalates 11:00 am -12:00 pm	29 Strength Conditioning &Core 10:15am-11:15am	30	Nia 9am-10am

^{*} indicates pre registration required