

## Community Events:

### KIDS NIGHT OUT

Drop the kiddos off from 6-10pm for a night of fun and food to take advantage of the free adult time. Ages: Potty trained to 10 years old.

\$15 for the first child

\$10 for each additional child

Please register by the previous Wednesday.

**April 6th Theme: Everything is Awesome**

**Movie:** The Lego Movie

**April 20th Theme: Bing Bong**

**Movie:** Inside Out

### CHILD WATCH:

Child watch is only offered during fitness classes. Please call or email 48 hours in advance to sign your child up, so we can have staff available. 720.870.2221

southshore@denverymca.org

### CUB CLUB

Cub Club is the third Thursday of each month and is offered to kids ages 3-10. Register at the event or at the Southlands Management Office.



# April 2018

Southshore  
27151 East Lakeview Drive  
Aurora, CO 80016  
720-870-2221

**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
1	2 Lakehouse Closed in observance of Good Friday	3 Strength Conditioning &Core 10:15am-11:15am  Cardio Sculpt 6-7pm  Yoga 6-7pm	4 Yogalates 11am-12pm	5 Strength Conditioning &Core 10:15am-11:15am	6 <b>*Kids Night Out 6-10pm at the Lakehouse</b>	7 Nia 9am-10am
8	9 Yoga 9:30- 10:30am	10 Strength Conditioning &Core 10:15am-11:15am  Cardio Sculpt 6-7pm  Yoga 6-7pm	11 Yogalates 11am-12pm	12 Strength Conditioning &Core 10:15am-11:15am	13	14 Nia 9am-10am
15	16 Yoga 9:30- 10:30am	17 Strength Conditioning &Core 10:15am-11:15am  Cardio Sculpt 6-7pm  Yoga 6-7pm	18 Yogalates 11am-12pm	19 Strength Conditioning &Core 10:15am-11:15am  CUB CLUB 4-5pm@ Denver International Schoolhouse	20 <b>*Kids Night Out 6-10pm at the Lakehouse</b>	21 Nia 9am-10am
22	23 Yoga 9:30- 10:30am	24 Strength Conditioning &Core 10:15am-11:15am  Cardio Sculpt 6-7pm  Yoga 6-7pm	25 Yogalates 11am-12pm	26 Strength Conditioning &Core 10:15am-11:15am	27	28 Nia 9am-10am
29	30 Yoga 9:30- 10:30am					

\* indicates pre registration required