

## Community Events:

**YOGA:** Yoga is an effective way to stretch & tone muscles, promote circulation, balance & flexibility. This is a great class for building a strong spirit, mind and body. Beginner to intermediate levels. Wednesdays 6pm Fee: \$5

### ZUMBA

Join the ultimate dance-fitness party that beats a boring old workout any day.  
10 Class Punch Card = \$45  
5 Class Punch Card = \$25  
Drop In Class = \$8

**DROP N SHOP:** Drop your children off for games, art, movies, and fun activities while you shop at Southlands Shopping Center every Monday and Wednesday from 10am to 1pm. Children ages 2 and potty trained to 10 years old. Fee: \$7 per child. Free Drop and Shop for all Cub Club member in the month of March!

### KIDS NIGHT OUT

Drop the kiddos off from 6-10pm for a night of fun and food to take advantage of the free adult time. Ages: Potty trained to 10 years old.  
\$15 for the first child  
\$10 for each additional child  
Please register by the previous Wednesday.

### July 21st Theme:

Do you like my super suit  
**Movie: The Incredibles**

### CUB CLUB

The third Thursday of each month from 4-5pm offered to kids ages 3-10. office at Southlands.



# July 2017

Wheatlands  
6601 S. Wheatlands Parkway  
Aurora, CO 80016  
720-870-2221

**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
	<b>Please note: YMCA Summer Camp is at the Clubhouse M-F 6:30am-6pm</b>					1
2	3 <b>Drop N Shop 10am-1pm At Southlands</b> <b>ZUMBA 6:30pm- 730 pm at the clubhouse</b>	4 <b>4th of July Parade and BBQ Parade at 10 am followed by the Festivities at the Clubhouse</b>	5 <b>Drop N Shop 10am-1pm At Southlands</b> <b>Yoga 6-7pm at the Clubhouse</b>	6 Wheatlands Board Meeting @ the Clubhouse 6pm  <b>Sounds of South- lands Concert Se- ries @ Southlands Town Square 6-8pm</b>	9	8
9	10 <b>Drop N Shop 10am-1pm At Southlands</b> <b>ZUMBA 6:30pm- 730 pm at the clubhouse</b>	11	12 <b>Drop N Shop 10am-1pm At Southlands</b> <b>Yoga 6-7pm at the Clubhouse</b>	13 <b>Sounds of South- lands Concert Se- ries @ Southlands Town Square 6-8pm</b>	14	15
16	17 <b>Drop N Shop 10am-1pm At Southlands</b> <b>ZUMBA 6:30pm- 730 pm at the clubhouse</b>	18	19 <b>Drop N Shop 10am-1pm At Southlands</b> <b>Yoga 6-7pm at the Clubhouse</b>	20 <b>Cub Club</b> 4pm-5pm Dance lessons before the summer concert at Southlands own square  <b>Sounds of South- lands Concert Se- ries @ Southlands Town Square 6-8pm</b>	21 Community Movie Night at the Club- house @ Dusk  <b>*Kids Night Out 6-10pm at the Lakehouse</b>	22
23 30	24 31 <b>ZUMBA 6:30pm- 730 pm at the club- club- 6:30pm- 730 pm at the clubhouse</b>	25	26 <b>Drop N Shop 10am-1pm At Southlands</b> <b>Yoga 6-7pm at the Clubhouse</b>	27 <b>Sounds of South- lands Concert Se- ries @ Southlands Town Square 6-8pm</b>	28	29

\* indicates pre registration required