Washington Unified School District Resolution #1617-13, In Recognition of October as Farm to School Month

WHEREAS, Fresh, safe, locally grown foods can be healthy and an economical source of nutrition for growing children;

WHEREAS, A literature review of 23 Farm to School programs nationwide found that participating students gained knowledge of healthy eating and local foods, chose healthier options in the cafeteria, and increased consumption of fruits and vegetables both at school and at home. The schools in these Farm to School programs witnessed an increase in student and adult meal participation, thereby increasing revenue;

WHEREAS, Knowledge of nutrition, including the importance of eating fruits and vegetables, as well as how food is grown, who grows it, and how to prepare it, are important components of health education;

WHEREAS, Purchasing from local farmers and ranchers creates positive community relationships and can create local economic growth;

WHEREAS, In November 2010, Congress approved House Resolution 1655 officially designating October as National Farm to School Month, recognizing the strong role Farm to School plays in promoting good health and strong economies; now, therefore, be it

RESOLVED that the Washington Unified School District Board of Education supports the goal of National Farm to School Month, annually held during the month of October.

Adopted by the Governing Board of the Washington Unified School District on Thursday, October 13, 2016.

AYES: 5 - Cruz, Kirby-Gonzalez, Villegas, Alcala, Pizzotti NOES: 6 ABSTAIN: 6 ABSENT: 6

Board of Education,

Trustee

Board of Education, President

Board of Education, Clerk

Board of Education, Trustee